



INSTITUTE
FOR THE
HEALING
OF MEMORIES

2017 ANNUAL REPORT





MESSAGE FROM ONE OF OUR PATRONS:

Archbishop Emeritus Desmond Tutu

“Although I have now retired, I continue to give my wholehearted support to the work of the Institute for healing of memories and to remember them in my prayers.

I was delighted to hear last year about Father Michael Memoir being published in Arabic after so many other translations.

Sadly healing of memories continues to be needed in the human family but the work itself is also a sign of hope

Thank you to all involved in this work for what you do to help make the world kinder and gentler.”



CHAIRPERSON'S REPORT

By Delene Mark

On behalf of the Board of Trustees of the Institute for Healing of Memories, we are incredibly grateful for the work done by Fr Michael Lapsley and the staff of the Institute during 2017 and are therefore very proud and delighted to endorse and present this annual report to all our partners, supporters, friends, and the public.

Despite the harsh economic climate faced by NGOs globally, the Institute was able to continue programs that have impacted on individuals and communities both locally and globally in profound and transformative ways. The work of all our staff has been very successful, with excellent delivery on our set goals and objectives.

It is with a sense of pride that we reflect on an amazing further development of the God Has Many Names project. This program seeks to promote an interfaith vision among young people with its recent focus on sacred music and sacred art. Programs such as these are essential in creating young people who strive for a world where peace, love, justice, and unity triumph.

Other highlights this year have included the marvellous conference focused on healing the wounds of history. The Institute celebrated the inspiring lecture given by Pearl Means focusing on Standing Rock in the United States of America and the related struggles of the indigenous people of that community.

When we initially launched Fr Michael's book – "Redeeming the past" – we understood that this book would be received very positively by many communities in South Africa, Africa, and the world. It is with much excitement that we report on the many languages that the book has been translated into, the latest being Arabic!

As the Board of Trustees, together with the Director and senior management, we continue to seek solutions for the sustainability of the organization. We are grateful to all our donors, from the developed donor funding agencies, to trusts and family foundations, as well as individuals, who ensure that the work of healing and transformation continues.

The year 2017 has been a very challenging one regarding funding and as you read this report we hope that it will encourage you to commit further to the financial sustainability of the Institute.

The Board is extremely grateful for the hard work and dedication of the Director, Fr Michael Lapsley, the Deputy Director, Alphonse Niyodusenga, and all members of the staff.

A luta continua

Delene M Mark

On behalf of the Board of Trustees



ANNUAL LECTURE

The Institute for Healing of Memories in collaboration with the Beyers Naude Center for Public Theology at Stellenbosch University.

Title: Standing Rock – Exemplifies the American Indian as the Miner’s Canary by Pearl Means

From left to right:

Patric Tariq Mellet, Respondent

Pearl Means

Prof Nic Koopman, Center for Public Theology Stellenbosch University

Fr Michael Lapsley, Director Institute for Healing of Memories



DIRECTOR'S REPORT

By Fr Michael Lapsley

It is both a responsibility and a privilege to have the opportunity to report to you on the activities of the Institute during 2017.

My report will focus on international work that I have personally undertaken although some of it is covered much more extensively in reports written by others.

The report of Brother Moeketsi will outline the work of the Institute for the healing of memories in partnership with the Society of the Sacred Mission in Lesotho. I would like to express gratitude to the Society for this expression of what is part of our Mission as a Province

I would like to draw attention as well to the comments by Brother Moeketsi about the impact of the workshops on the participants. Step-by-step we are also building up a team of local facilitators. It is a privilege to be able to make a contribution, however modest to the healing of the wounds of the Basotho Nation.

These past many years I have travelled a great deal and 2017 was no exception.

I travelled twice to Sri Lanka doing healing of memories work. One of the visits included an unforgettable healing of memories workshop with a group of Buddhist monks and nuns all of them coming from Myanmar. I also had the opportunity to learn more from Buddhist wisdom.

Never having been there before I also travelled twice this year to Israel/Palestine, the Land of the Holy One and on the second occasion I was accompanied by Brother Tefo SSM

On the first visit we went to Beirut and Lebanon for the launch of the Arabic edition of my memoir which was published by Dar El Mashreq, a Jesuit publishing house. After a few extraordinary days of presentations and exposure to the local reality in Lebanon



we travelled to Israel and Palestine and we were able to have book launches both in Jerusalem and in Nazareth. We visited the refugee camp of Shatila in Beirut where Palestinian refugees were massacred in September 1982. I was living in Roma in Lesotho at the time and remember vividly the solidarity meeting that we held for the victims just 3 months before the Maseru massacre.

Amazingly there has already been a second printing of the Arabic Edition.

As a fruit of the media interviews in Lebanon, I have been invited to Tartus in Syria by a group of Catholic sisters to a meeting with several hundred young people at the beginning of March 2018

As a Christian I will never forget the opportunity to go to the place of the birth of Jesus his crucifixion and resurrection.

I was invited to be a keynote speaker at an International conference on healing hatred which took place in Jerusalem and Bethlehem. Before the conference took place Brother Tefo and I had the opportunity to participate in the study tour focusing on the three Abrahamic Faiths

I will never forget the opportunity to visit the places where Jesus was born, brought up, was crucified and rose again.

However what affected me the most was the horrendous reality of Israeli Apartheid and what that means for the lives of all Palestinians. Everyday Palestinians experience humiliation and pressure to leave forever the land of their birth. The situation was very much worse than I had imagined.

After the second visit to Israel and Palestine we travelled to Luxembourg with Brother Tefo. Later in the year in the 2nd visit to Luxembourg we had a healing of memories workshop with participants from 20 different countries and we held the workshop in English, German and Arabic with a number of participants who are refugees



As in previous years I made two extensive visits to the United States travelling from New York on the east coast to California and beyond to Hawaii in the middle of the Pacific.

Before the second trip to the United States I was in VU where we are partnering with the Centre for Restorative Justice (CSJR) and Edmonton. I was made an Honorary Canon for Healing and Reconciliation in the Cathedral of Edmonton which is the same position I hold in the cathedral in Cape Town

We also had two international training courses as well as an international conference on Healing the Wounds of History. This was timed to coincide with our Annual Lecture given by Pearl Means focusing on indigenous struggles in the US particularly at Standing Rock in partnership with the University of Stellenbosch. It was broadcast live on the internet. A number of people connected with the Institute in North America came to the conference. Each year connected to Heritage Day there is a healing music Festival in Paarl. Part of the proceeds come to the Institute.

Whilst all the programs of the Institute in different parts of the world are doing very well we are facing extremely serious financial challenges in Cape Town.

This is because a number of funders have decided to no longer fund work in South Africa. At the same time we have struggled to get South African funding.

It is in this context that I decided that I would begin taking the pension from the Anglican Church of Southern Africa from February of this year whilst at the same time continuing to work full time

We were also forced to lay off two staff members and for three other staff members to become part time. With my colleagues and our board we are seized with a question of how can we raise more money and also restructure ourselves to be more effective with the money that we have.

We did however receive a grant from the national lottery which has enabled us to pay completely a bond that we had on our building so it is now debt free and an important asset.

Thanks also to the Government of Japan we were able to extend our building which has given us more office space and a large meeting room

During 2018 we are also renting out part of our space to another organisation that will give us some income.

We are also considering setting up an international structure to both co-ordinate our international work and help to generate long term funding to help our sustainability

I don't see myself leading the Institute for ever but I would like to step down at a point that it is economically viable for the long term. Of course God may have other plans.

We also want to popularise the idea of growing an endowment and encouraging people to leave legacies to the Institute.

May I express profound gratitude to our patrons, to our board, to my staff colleagues, to our facilitators across the world, and all our friends both individual and institutional who, through their generous giving and support make the Institute for healing of memories what it is

I hope I have remembered the most important things to share with you all....

May God bless us all

Michael ssm

Director

NORTH AMERICA REPORT:

By Gloria Hage, *Executive Director*

This year has been one of exponential growth and success. Our Regional Coordinators and volunteers have done an outstanding job expanding our work across the country. Together, we were able to expand programming, reaching more individuals and communities in need of healing of memories; develop new partnerships; secure new funding sources; train more facilitators; grow our board of directors to reflect the diversity of the people we are committed to serve; and create an Emeritus Board, to hold near our institutional memory. As well, we had many opportunities this year to share the Institute's work, through television interviews, conferences, workshops, and speaking engagements. Some of those opportunities included interviews on Bronx Net TV; leading an Introduction to HOM workshop at the Restorative Justice Conference at Lehman College, Bronx, NY; as a panelist at a Reconciliation Workshop at the Union Theological Seminary, hosted by the Network for Religious and Traditional Peacemakers; as a participant in the Strategic Learning Exchange, Religion, Peace and Security: Dynamics and Innovation of Gender and Youth Inclusion at UN Women Headquarters in NYC; and as an advisor at the Peacemakers Network Advisory Group Meeting at Rose Castle in the United Kingdom



IHOM-NA Executive Director at The Network for Religious and Traditional Peacemakers Advisory Group Meeting, Rose Castle International Reconciliation Center, Cumbria UK

In partnership with the Network for Religious and Traditional Peacemakers we coordinated the first Healing of Memories Workshop for Peacemakers, at the Stony Point Retreat Center in Stony Point, NY. Fr Michael Lapsley led the workshop and it was a huge success. Five of the workshop attendees participated in facilitator training.



First Healing of Memories Peacemakers Workshop, October 2017, Stony Point Center, Stony Point, NY

We are developing an exciting partnership with Rose Castle International Reconciliation Center in the United Kingdom, where they would like to make healing of memories the centerpiece of peacemaker retreats, which will be offered throughout the year. Pilot programming will begin in 2019, and official programming in 2020, after they complete a major renovation of the castle. As well, they are developing a global youth leadership program, which will be a year-long program for young people from around the world, and they want HOM to be part of this program and training.

In October, we held our first Friend-Raiser at the home of our executive director, in NYC. We had an excellent turn-out and a wonderfully diverse group of attendees. It was an uplifting evening for all. This event resulted in book sales, donations, new committed volunteers, and connections to new networks and funding sources.



IHOM-SA International Conference, Healing the Wounds of History, Paarl, South Africa

[Photo by Melvin McCray]

In September, IHOM-NA staff, board members, friends and colleagues traveled to South Africa (SA) to participate in the first-ever exchange between IHOM North America and IHOM South Africa. We had the opportunity to attend IHOM-SA's annual conference, Healing the Wounds of History, One World Healing Music Festival, that IHOM South Africa helps sponsor, and immersion into the communities where our South African colleagues work. It was a life-changing trip for everyone, and the opportunity for the staff/volunteers in South Africa and North America to come together and learn from each other was incredibly valuable to us all. While we were there we were able to learn more about their youth programming, with a view to adapting it for the United States. Because of the knowledge we gained, we have created a program sub-committee to develop youth programming. Our first program in development is SA's Restoring Humanity program, which we are adapting for the United States. We plan to do our first pilot either late fall 2018 or early 2019.

THIS YEAR HAS BEEN ONE OF EXPONENTIAL
GROWTH AND SUCCESS.

ARIZONA REPORT

Mike Wold, *Regional Coordinator*

The Healing of Memories Workshop continues to grow in popularity in the Arizona veteran community. We reached a major milestone as we have now had over 200 veterans participate in our workshops since 2013. We also had the highest number of workshops this year, holding five of them. There were two for any veterans, one for women veterans only, one for veterans and first responders (police, sheriffs, fire fighters and emergency medical service providers) and one for spouses and significant others of veterans. We have now conducted 17 workshops in Arizona since 2013 (12 for veterans, three for spouses and significant others of veterans and two for veterans and first responders). These workshops were very successful in providing healing for the participants, but one of our most memorable ones was held for women veterans only in April 2017. Sad to say, many women veterans suffer from sexual trauma that occurred during their military careers. The dynamics of the workshop and levels of healing for these women veterans were outstanding.

As was mentioned in last year's report, Fr Michael was invited to visit the Navajo Lutheran Mission in Rock Point, Arizona, where he talked at a Sunday service and visited the Navajos with several others. I am happy to say that his visit set the stage for another visit by Mike Wold in June 2017, where he was invited to attend the Rock Point Navajo Veterans Group and talk about the healing of memories workshop. The idea of a story-

telling workshop resonated well with the Navajo culture and one of the Navajo veterans attended our November workshop and gave it a high evaluation.

We again had the honor of hosting Fr Michael in May, when he conducted a healing of memories workshop for 23 male and female veterans. While here in Arizona he also conducted facilitator training for eight candidates. They began the next step in their authorization journey by co-facilitating workshops under the mentorship of experienced facilitators. In addition, Fr Michael held a lead facilitator training session that included two candidates from Arizona plus others from other states. We have eight fully authorized facilitators in Arizona now and will have more when the trainees complete their co-facilitations.

THE HEALING OF MEMORIES WORKSHOP CONTINUES TO GROW IN POPULARITY IN THE ARIZONA VETERAN COMMUNITY.

SOUTHERN CALIFORNIA REPORT

Karen Hayes, Regional Coordinator

HEALING OF MEMORIES WORKSHOP, ALL SAINTS PASADENA

On 1-3 June, we provided a Healing of Memories workshop for an ethnically and vocationally diverse group of All Saints parishioners and other community members. Four facilitator-trainees participated as co-facilitators, paired with Fr Michael, Thandikaya Ncosani, Sally Roberts and Karen Hayes. The workshop was funded by a generous gift from the Coyote Foundation, in addition to a grant from the church and nominal fees paid by participants. On 4 November, Fr Michael led a reunion workshop where participants shared about their journeys toward healing.

HOM WORKSHOP FACILITATOR TRAINING

On 4-5 June, Fr Michael led a healing of memories facilitator training workshop at All Saints Church. Two new trainees took their first step toward becoming certified IHOM facilitators.

HOM SUPPORT GROUP, ALL SAINTS PASADENA

This was our sixth year of programs at All Saints and growing interest in the process led to the development of an on-going HOM support group, open to all former participants. Karen Hayes and Sally Roberts facilitated the support group gatherings.



HOM Workshop, All Saints Church

SPEAKING ENGAGEMENTS

On 5 November, Fr Michael preached at St. Aidan's Episcopal Church in Malibu. We were hosted by parishioner Tom Stipanowich, Director of the Straus Institute for Dispute Resolution at Pepperdine University, for whose mediation students we have provided HOM programs.

Also on 5 November, Fr Michael spoke at an interfaith dinner conversation focused on ways of supporting local Muslim communities in the current political climate. The event took place at Neighborhood Unitarian Church in Pasadena.

LAPD MEETING

Fr Michael and Karen Hayes met with LAPD Lieutenant Mark Green to explore the possibility of continuing the LAPD-Community HOM workshops in South Los Angeles. (Our former partner, Deputy Police Chief William Scott, moved to be the police chief in San Francisco.)

EXCITING NEW PARTNERSHIPS

Fuller Seminary

In the spring, we developed a new partnership with Fuller Theological Seminary in Pasadena. Fr Michael made HOM presentations to two groups of students and faculty. Fuller's president, Rev. Dr. Mark Labberton, hosted Fr Michael and Thandikaya for a portion of their stay.

Wellness Works Glendale

Wellness Works is a non-profit that engages the community in restoring hope and a sense of wholeness of body and soul to veterans and their families. Karen Hayes, Fr Michael and Sally Roberts engaged in several planning meetings with their staff to design a pilot HOM workshop for veterans, to be led by Fr Michael in June 2018. The Disabled Veteran National Foundation will fund the program.

Neighborhood Unitarian Universalist Church in Pasadena

Neighborhood Church has a long history of work for peace, justice and equality. One of their stated values is, "Individually and together we can be agents of change to heal what is often a broken world...". We are working with Stephanie Ballard, Social Justice Coordinator, to implement an HOM workshop there in May 2018.

NORTHERN CALIFORNIA

Wilma Jakobsen

Rev. Wilma Jakobsen had Fr Michael address two classes at DeAnza College in Cupertino. At the Pacific School of Religion, Berkeley we had a well-attended presentation and there is potential here for future presentations as well as a partnership. At San Pablo Episcopal Church, Seaside/Monterey, there was a bilingual Spanish/English healing of memories workshop. This was the first bilingual workshop, and a first-time workshop for this church group.

HAWAII REPORT

Linda Rich, *Regional Coordinator*

Fr Lapsley was in Hawaii for ten days in November, accompanied by Wilondja Williams. At the invitation of Calvin Hoe, founder of the school, Fr Michael met with students and faculty at Hakipu'u Learning Center, a Hawaiian culture-based charter school in Kaneohe. The students greeted him with Hawaiian songs, and we watched them practice hula to be performed at the upcoming Makahiki celebration. Students had prepared questions after watching the video, "The Fr Michael Lapsley Story", and engaged in dialogue with Fr Michael. A well known local artist, Meleana Meyer, came to hear Fr Michael at Hakipu'u and invited our group to dinner at her home, where she shared a beautiful mural created by her and several other Hawaiian artists as a project in healing of cultural trauma. She presented a miniature of the mural to Fr Michael, to be displayed in the IHOM office in Cape Town. We are exploring possibilities for future collaborative work with Ms Meyer and Mr Hoe.

A healing of memories workshop was held in Honolulu at Church of the Crossroads and included church members, a Hawaiian cultural practitioner and his student, and women from a prison furlough program.

Fr Michael led an adult education session at Church of the Crossroads on Sunday. An informal "talk story" gathering was held at the church on Monday evening.

Once again, Fr Michael returned to Lolani School, a private school affiliated with the Episcopal Church, at the invitation of Rev. Nicole Simopoulos, the school chaplain. Students had read excerpts from his memoir and had seen the video of his life and work and shared their reactions and questions, which he answered.

We continue to be grateful to our friends Dick and Michele Rosenbaum who welcome Fr Michael and his companion into their home each time he visits our islands.

MINNESOTA REPORT, Margaret Fell, *Regional Coordinator*

Minnesota Healing of Memories received a grant for its work in 2017. Most of the year was spent expanding the audience for healing of memories workshops in Minnesota.

An initial strategic planning meeting was held in February with pastors, chaplains, and leaders of non-profit organizations which share IHOM-NA's vision and values.

A March meeting with former workshop participants provided suggestions for promoting workshops. Participants offered reflective quotes months after their workshop experience:

There are things I've done that not even my therapist knows. The workshop provides some anonymity.

I was surprised by what came up for me and what I said.

Shared and discovered.

I found bonding in the group I had not experienced with my family.

Our first mini-workshop in May was held at Minnehaha Communion Lutheran Church in Minneapolis. Attendees included clergy, chaplains, and veterans. The four-hour mini-workshop provided a "taste" of the weekend workshop and included the DVD "The Fr Michael Lapsley Story", a description of the weekend workshop, an abbreviated drawing exercise, small group sharing and group debriefing. It was followed by a lunch, which provided additional time for sharing and bonding.

A second mini-workshop was held for 13 chaplains at Loyola Spirituality Center in June. A third mini-workshop was held at St. Anne's Episcopal Church with participants from St. Anne's Episcopal Church and Spirit of Hope Catholic Community.

Two workshops were scheduled at the ARC Retreat Center. There were 19 participants at the November workshop and a second workshop is scheduled for 6-8 April 2018.

Audrey Lukasak completed her facilitator training in November. Sheila Loughton and Margaret Fell began training two Arizona lead facilitators at October and November workshops in Phoenix.

On 31 March-2 April Sheila and Margaret led a Veteran Spouses and Significant Others workshop at the Franciscan Renewal Center and on 7-9 April our first, and very successful, Women Veterans workshop at Spirit in the Desert.

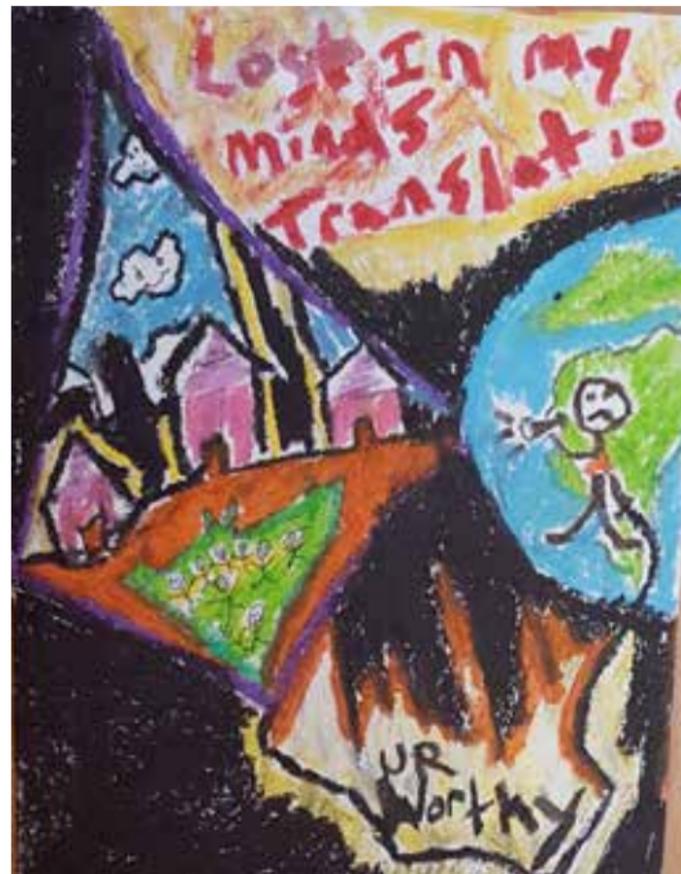
NEW YORK REPORT

Jan McCray, *Regional Coordinator*

In New York, our Regional Coordinator, Jan McCray, brought Fr Michael to the New York Theological Seminary Urban Angels Awards Gala Reception and Dinner, to make connections and to network with people who might help the Institute. Fr Michael met with: Carlton Brown, the Co-Managing Director at Direct Invest Development, LLC; Architect Developer MIST Harlem; Paul Dolan, the Executive Director International at Walt Disney Company/ABC News, Retired; David Rothenberg, Founder, the Fortune Society, and WBAI radio host; and



*HOM Workshop,
and participant art,
ARC Retreat Center,
Stanchfield,
Minnesota*



Rev. Lakeesha Walrond, PhD—Executive Pastor, First Corinthian Baptist Church of New York City in Harlem. As a result of this, David Rothenberg will continue to offer his Saturday morning show as a platform for Fr Michael's new initiatives and work in the Tristate area. Mr Rothenberg is also looking to see how IHOM-NA might be able to re-connect with the Fortune Society. Paul Dolan indicated that IHOM-NA might consider Sterling Forest for a possible retreat. Rev. Lakeesha Walrond is considering a partnership between the First Corinthian Baptist Church and IHOM SA/NA. Fr Michael and Jan McCray met with Rev. Lakeesha Walrond in Cape Town to explore the possibility of a partnership in South Africa as well as in the States. Rev. Walrond, along with SA staff, is in the nascent stages of planning a February 2019 South Africa "healing" tour for 50-100 from the FCBC community.

TENNESSEE REPORT

Cathy Harrington, *Regional Coordinator*

In May Fr Lapsley and Cathy Harrington worked on building relationships and education. They had meetings with the mayor, the Chattanooga Police Department Victim Services staff, Chattanooga Police Department Chaplains, the Family Justice Center, Fathers to the Fatherless, and local African-American pastors who are working with victims of gun violence and structural racism. It was a whirlwind five days but a tremendous success!

The mayor offered space for workshops at the new Family Justice Center, a perfect place to hold workshops for former gang members and paroled offenders and their families. They met with Fathers to the Fatherless (F2F) staff, a non-profit that works with at-risk youth in Chattanooga, and found that the issues that plague Chattanooga are remarkably similar to Cape Town, South Africa. The Institute for the Healing of Memories in Cape Town, South Africa has been working with young people for the past four years on a program they call Restoring Humanity, which the F2F staff found inspiring and they committed to joining us for our next healing of memories workshop and facilitator training in the fall of 2017.

We held a lunch that included the Victim Services Coordinator at the Chattanooga Police Department, her staff, two staff people from the Community Partnership Foundation, two CPD Chaplains, a representative from CALEB (Chattanoogaans in Action for Love, Equality, and Benevolence) and a social worker who is working with Fathers to the Fatherless.



Meeting with Chattanooga, Tennessee Mayor

On Thursday evening, we held a dinner at church to build relationships with UCC leadership. We also had a meeting that focused on Black Lives Matter and leaders in

the community working tirelessly on this challenge. We were moved by the stories shared during this meeting and are looking forward to deepening the conversation and collaborating our efforts toward racial healing in our community.

In May, we received a \$11,100 grant from the Veatch Foundation to kick off our goal of establishing Tennessee as a region of the Healing of Memories - North America. Our workshop in October was a success and we trained five new potential facilitators. One of the new trainees is Native American and lives in South Dakota. In the fall Fr Michael spoke to an audience of about 75 students and teachers at the University of Tennessee Chattanooga about his journey and the Institute for the Healing of Memories. We also met with three students a few days later to begin conversations about workshops at the University with students and teachers.

He also spoke on a panel at the lowest-performing Middle School in Chattanooga, Orchard Knob. It was an event called "The State of Our Boys", and in attendance were the new police Chief and many other officers, community leaders and activists. Troy Rogers was also on the panel. He is the Safety Director for Chattanooga who is in the picture with the mayor taken in May. He's a great ally to HOM and for future work with the African-American community and marginalized populations. The students were spellbound as they listened to Fr Lapsley speak. At the event, we ran into Yolanda Putman, a journalist for the Times Free Press, and she wound up meeting with us later for an interview. The link to the article: <http://www.timesfreepress.com/news/life/entertainment/story/2017/nov/04/south-africpriest-brings-healing-process-chat/456118/>

Chattanooga is also working with the Healing of Memories North America's Executive Director, who secured funding for a veterans' workshop in March 2018. We in Chattanooga feel so blessed to have begun the work to establish a new region in the southeast for Healing of Memories! Thanks to everyone who worked to make this possible!



Healing of Memories Workshop, Chattanooga, TN, October 2017

PROGRAM COMMITTEE REPORT

Margaret Fell, Program Chair

The IHOM-NA Program Committee met at the Franciscan Renewal Center in Phoenix on Saturday, May 20th, 2017. The meeting was preceded on Friday, 19 May by IHOM-NA's first lead facilitator training, led by Fr Michael Lapsley.

LEAD FACILITATOR TRAINING

Seven facilitators attended the lead training: Linda Rich, Georgette Delinois, Cathy Harrington, Karen Hayes, Jan McCray, Sandi Howlett, and Kathleen Garast. Current IHOM-NA lead facilitators Paul Feuerstein, Jerry Diller, Sheila Laughton, and Margaret Fell participated and Fr Joseph Jeyaseelan, a Healing of Memories facilitator from Sri Lanka, also attended the training.

The lead training included discussion of the role of the lead facilitator, administrative responsibilities, role-play and feedback, workshop case studies and the role of self-care in lead facilitation.

PROGRAM COMMITTEE MEETING

All lead facilitator trainees attended the Program Committee meeting.

The Program Committee meeting included a debriefing of the lead facilitator training. Suggestions included more defined role-play scenarios, including "plants" who could role-play some of the more challenging workshop participants, using poetry or a short

video for trigger exercises and developing a list of diverse trigger exercises for different populations. A suggestion was also made to include the workshop celebration segment on the second night and the presentation of the peace symbols the following morning.

Among suggestions for additional lead facilitator education were providing more information about moral injury and trauma and using webinar training and posting reading lists on the IHOM-NA website.

The committee discussed draft lead facilitator documents, which create the process and procedures for the selection, training, authorization, and support of lead facilitators. The lead documents follow a similar process introduced last year for identifying, training, and approving IHOM-NA facilitators. They included the lead facilitator application, authorization process, position description, and a bulleted lead facilitator workshop outline. The IHOM-NA Board approved the documents at its 14 October meeting.

The committee reviewed the facilitator authorization process approved by the Board at its October 2016 meeting. Documents included the facilitator application, authorization process, mentor debriefing questions and self-evaluation forms, and rendering information from the various forms secure.

LUXEMBOURG, 2017

Patrick Byrne

In 2017, healing of memories took a big step forward in Luxembourg, with two 2-day facilitator training courses being held – one in July and the other in December. A total of 17 people took part, of whom 13 were from Luxembourg, 3 from France (Rouen) and 1 from Spain (Barcelona).

Each of the courses, led by Fr Michael, was followed, a few days later, by a healing of memories workshop, enabling a few of the trainees to take part as co-facilitators and thereby gain practical experience alongside fully trained facilitators. Both workshops – held in English, French and Arabic thanks to a friendly team of interpreters – proved to be a great success. There was extremely positive feedback from the participants, coming from a wide variety of backgrounds – 17 different countries of origin in the summer workshop and 19 in the winter one, including a number of refugees from Syria, Iraq, Eritrea and Burundi.

From 14 to 24 July, Fr Michael was accompanied by Brother Tefo Rachaka. On their way to Europe, they had 'stopped off' for a week in Jerusalem, where Fr Michael was a guest speaker at a conference on Israeli-Palestinian dialogue. During their stay in Luxembourg, in addition to the training course and workshop, they and members of the local healing of memories support group attended a meeting with officials of the Foreign Ministry to discuss the prospects for continued support from the government



for the IHOM. They also had initial talks with representatives of the Luxembourg prison chaplaincy with a view to organising a healing of memories workshop for inmates in 2018.

During his second visit – from 24 November to 5 December – Fr Michael was accompanied by Clint Bowers. On 29 November, he led a meditation and discussion evening at Luxembourg prison, attended by 40 inmates ; on the same day, he met the prison authorities to discuss plans for the 2018 prison workshop.

On 30 November, he gave a lunch-time talk to 200 staff members of PwC, one of the sponsors of the healing of memories training and workshop programme in Luxembourg.

HEALING HATRED: SPIRITUAL CHALLENGES IN A CONTEXT OF POLITICAL CONFLICT

This was the name of the conference I was invited to speak at in Jerusalem and Bethlehem by Sarah Bernstein of the Rossing Centre and Sami Awad of the Holy Land Trust during July 2017.

Before the conference we had the privilege of a preconference study tour giving us a glimpse of Palestinian and Israeli perspectives and hearing from Jewish, Muslim and Christian people as we toured the holy sites. As someone who does not live the reality every day, it was a very disturbing and painful experience.

Never having been there before, it was my second time in the course of a few months visiting what some of my Palestinian Christian friends call the land of the Holy One. Earlier this year I had come briefly to Jerusalem and Nazareth for the launching of the Arabic edition of my memoir under the auspices of Sabeel Ecumenical Liberation Theology Centre.

The second visit gave us a much wider and deeper exposure to this multi-layered and multifaceted context characterized by conflict. Central to the Jewish Israeli narrative is the Holocaust. Central to the Palestinian is the Nakba, the catastrophe that befell the Palestinian people in 1948 and that continues and increases until today.

The issue of acknowledgement is of fundamental importance to both parties to the conflict. Both sides for valid reasons see themselves as victims. The depiction of attacks

by Palestinians as terrorist is true but blind to the prior reality of state terrorism. I guess this has a particular significance for me personally as a victim of state terrorism myself.

Some would argue that it is not possible to heal when we need all our energies simply to survive a situation of oppression. Whilst I sympathize with this argument, I often think of what South Africa would be like today if Nelson Mandela had walked from prison filled with hatred and bitterness.

Indeed, it was Mandela who said to us that he realized that if he did not leave hatred and bitterness at the prison door he would remain a victim forever.

I was encouraged that at least some Jewish people and some Palestinians saw how important healing is even now, despite the lack of a just resolution.

I also made it clear at the Conference that in my view healing is never an alternative to justice but rather it is necessary to find ways of healing so that we can more effectively participate in struggles for justice... especially restorative justice.

After the Conference, I was hosted for an evening and a day by Ashraf Suliman, South Africa's Ambassador to Palestine. One of the delightful moments during my visit was an encounter organized by the mayor of Ramallah with local citizens.

I was privileged to meet with Advocate Fadwa Bargouthi, a lawyer who is the wife of the most well-known and influential Palestinian leader, Marwan Barghouti, who has been in an Israeli prison for many years.

The release of all political prisoners is obviously a prerequisite for any fair and just agreement between the Palestinians and the Israelis. Israelis are particularly sensitive to the suggestion that the situation in Israel is comparable to that of apartheid. What I witnessed and heard convinces me that actually it is very much worse than apartheid.

Like apartheid, it is not primarily a question of attitudes but rather a matter of the law and the constitution, which are all interpreted and enforced in a totally racist way. Whilst the formal politics of the state of Israel continue to lurch further and further to the right, we met a kaleidoscope of differing opinions.

One of the more memorable encounters was with a former Israeli soldier who is part of the Breaking the Silence organization. The testimonies of what Israeli soldiers actually do in the West Bank and Gaza are known to every Palestinian, whilst much of Israeli society remains in complete denial.

As this man told his story about what he was expected to do as a loyal soldier, I realized that he was a living example of the depth of moral and spiritual injury experienced by those

who transgress the moral code. His own sense of common humanity and understanding of right and wrong burst through all the Zionist ideology that was part of his upbringing until he realized that he could no longer wear the uniform of the Israeli army.

I was reminded of the ferocious response of the apartheid state to the End Conscription Campaign in South Africa, which successfully brought back onto the table the moral questions in relation to service in the apartheid military.

At a final dinner hosted by Ambassador Suliman with a cross-section of Palestinian leaders, I met Uri Davis, who has written extensively about why Israel should be described as an apartheid state. He describes himself as a Palestinian Hebrew national of Jewish origin, anti-Zionist, registered as Muslim and a citizen of an apartheid State. Since 2009 Uri Davis has been a member of Fatah's revolutionary council. He is the first person of Jewish origin to be elected to such a high-ranking position. Again, it is people like Uri who help shift the focus away from ethnic/racial/national/religious identity to look at the political system.

INDEED, IT WAS MANDELA WHO SAID TO US THAT HE REALIZED THAT IF HE DID NOT LEAVE HATRED AND BITTERNESS AT THE PRISON DOOR HE WOULD REMAIN A VICTIM FOREVER.

I was very pleased that I was able to share my memoir “Redeeming the Past” in Arabic with many of the Palestinians I met, and copies in English sold like hot cakes at the first night of the conference in Jerusalem.

There is a depth of pain, prejudice, fear and hatred that permeates life in Israel and throughout the occupied territories.

The heart of the matter is that Israel has built a state predicated on the denial of fundamental human rights to Palestinians. The compromise of a two-state solution becomes more elusive every time Israel permits, as it does, more and more illegal settlements. Even the two-state solution as proposed is slanted very much more in favour of the Israelis rather than the Palestinians, particularly in the percentages of land.

At an individual level it is always possible for human beings to reconcile and to heal. None of the three Abrahamic Faiths encourages us to reconcile with injustice. Jewish Israelis who stand for full equality and justice need to be encouraged as they also suffer persecution.

The Palestinians need our solidarity in greater measure than ever before.

They deserve but are not yet getting the kind of solidarity that the whole world gave the people of South Africa as we struggled for our freedom.

REPORT FROM WALPOLA RAHULA INSTITUTE IN SRI LANKA

Father Michael Lapsley lost his both hands, an eye and partially damage hearing due to a parcel bomb attack done by the apartheid forces in South Africa in 1990. Then onwards he started his journey throughout the world helping people who are suffering from painful memories of conflicts and wars.

His practical method of Healing of Memories is very closer to the Buddhist teaching of ‘Hatred is never appeased by hatred’ (Nahi Verena Verani).

We as an institute believe that Buddhist monks and nuns should open up to the world and learn from different traditions, cultures and experiences and then reflect on Buddhist teachings and practices to enhance the service they are doing to the society. Therefore, we took the chance of having a Healing of Memory program exclusively for Buddhist monks and nuns when father Lapsley visited Sri Lanka this time only for 12 days.

This program was held from 31st August to 1st September at Sarvodaya Vishvaniketan at Moratuwa. About 30 Buddhist monks and nuns, both from Sri Lanka and Myanmar participated in this program. The same group of monks and nuns will come together again soon for one day meeting to reflect on the Buddhist methods and practices of Healing of painful memories.

We are very grateful to father Lapsley and his group of facilitators for sharing their knowledge and valuable service free and providing stationary needed for the workshop.



We thank to National Christian Council for their support.

We take this opportunity to thank and appreciate the donations made to provide accommodations and meals for all the participants for three days and to pay for the conference hall and other facilities. Without your support we cannot think of having this program. We thank to Ven Vara and Ven Kham Hseng for coordinating the Myanmar monks and nuns.

HEALING OF MEMORIES TAKES A FEW STEPS IN LESOTHO – 2017 REPORT

Healing of memories started in Lesotho in February 2015. The last workshop in 2016 resulted in a reunion on 12 February 2017, where it was agreed that we should organize training for facilitators and this was scheduled for 4-5 March 2017. The training was successful: the 14 participants actively participated and engaged in the course.

We held the first workshop on 10-12 March 2017, with 12 participants, three co-facilitators and four facilitators. After this workshop we had another meeting on 30 April 2017, where we agreed that we should hold monthly meetings and where we elected a temporary committee to give us direction and to organize and report on the workshops. The committee convened another meeting on 20 May 2017, where we set out the way forward. The committee will run up to the end of 2018, and the permanent committee will be after three years. It was resolved that we should partner with other non-profit organizations and other relevant stakeholders to broaden our scope: Lesotho Durham Link and Uthingo (Rainbow) in South Africa Camps/Adventure.

It was also recommended that we raise funds and increase awareness about the healing of memories and its mission. These tasks were assigned to the temporary committee that was elected to carry them out.

RESULTS OF THE DECISIONS ON FUND-RAISING

It was decided at the meeting that there would be a monthly contribution of R20 per person in order to raise funds. The committee was responsible for collecting this money. The purpose of fund-raising is so that when we hold meetings and socials we can pay for some refreshments, for the transport when visiting places to give presentations and to have our own funds to finance any activity that needs money. It was also at this meeting that we decided on a six-month work plan for the activities to raise public awareness about the Institute for Healing of Memories and its mission. The following is the six-month work plan:

Date	Place	Objective	Targeted group
30/04/2017	Makhoathi	Presentation about the work of Healing of Memories and its mission	Congregation of youth and adults
22/10/2017	ACRI Ha Thamae	Presentation about the work of Healing of Memories and its mission	Congregation of youth and adults
19/11/2017	St.Andrews-Ts'enola	Presentation about the work of Healing of Memories and its mission	Congregation of youth and adults

Date	Place	Objective	Targeted group
10/12/2017	Christ The Healer-Lithoteng	Presentation about the work of Healing of Memories and its mission	Congregation of youth and adults
16/12/2017	SSM	Closing social	All the participants in the workshops

We had another workshop on 18-20 August 2017, where we had 18 participants, four co-facilitators and four facilitators. This was followed by a well-attended reunion on 15 October 2017, where we had 16 participants. The committee held its regular meeting each month.

ACHIEVEMENTS

People responded positively to healing of memories; their lives changed gradually. This was demonstrated by the monthly discussions, in which people gave their testimonies and their verbal evaluation.

Every time before the workshop starts participants do not know what to expect, unless it is not their first experience. This is because many people have been to workshops where there is a speaker and lots of presentations, so they normally expect the same but to their surprise it is something totally different. The list below describes how the participants felt about the workshop:

COMMENTS

- Most participants wished the workshop was longer than the two days.
- They felt that the celebration brought more meaning, as it helped them look back at where they started and how much they have grown from the pain, mistakes, hurt and other experiences that have helped shape who they are.
- Some felt it was the beginning of the journey to discovering who they really are and who they would like to be.
- Some thanked Fr Michael's story, as it has helped them see that there is more to life than the disabilities one may have.
- They are thankful for the experience and wish to invite their friends and family to share the experience as well.
 - The people are able to open up when they are facing challenges
 - The churches that were visited were welcoming and accepted our message. Many people want to attend the workshops.
 - People were touched by the work of healing of memories and we managed to fulfil our objectives.
 - People were aware that they shouldn't always point the finger at others; at some point they should look inside themselves.

CHALLENGES

- We don't have enough resources to accommodate the massive number of people who want to attend the workshops.



- Two people dropped out of the workshop at the last minute.
- The place where we held the workshops is expensive.
- It is has become challenging for people who don't understand English; we had to translate into the vernacular.
- It is becoming problematic for people to contribute R20, and it seems that this has an impact on the poor attendance.

THE WAY FORWARD

- To have a projector
- To strengthen our partnership with Lesotho Durham Link so as to reduce the cost of accommodation and thus save for more workshops in response to the high demand for workshops.
- To raise awareness among the people in power about the healing of memories and its mission and ask MPs to send their representative to the workshops with the purpose of convincing them to support the initiative.
- We want to target other marginalised groups.

HEALING OF MEMORIES ACTION PLAN FOR 2018

Action plan:

To promote healing of memories in Lesotho

1. Activity:

Targeting 200 participants from local churches, schools, parliamentary committees, security forces, the Office of the First Lady, prominent business community and NGOs

2. Training as co-facilitators of eight participants from two groups

- Two workshops of eight participants

3. Launching and branding of healing of memories

- Intensive preparations and identification of targeted audiences and donors
- Writing letters to potential donors

4. Promoting healing of memories through the media fraternity

- Use public and private media to market healing of memories
- Use affordable media

PEOPLE RESPONDED POSITIVELY TO HEALING OF MEMORIES; THEIR LIVES CHANGED GRADUALLY. THIS WAS DEMONSTRATED BY THE MONTHLY DISCUSSIONS, IN WHICH PEOPLE GAVE THEIR TESTIMONIES AND THEIR VERBAL EVALUATION.



SUMMARY OF IHOM ACTIVITIES IN 2017

By Alphonse Niyodusenga- KwaZulu Natal Regional Manager

The Institute for Healing of Memories in KwaZulu Natal continues to bring about significant change at individual and community level within the province through healing-of-memories workshops, the Restoring Humanity project and community-healing dialogues.

The Restoring Humanity project increased its activities within communities, especially in schools and rural communities. The school program has been implemented in three schools, namely KwaMakhuta Comprehensive School, Mzuvele Secondary School and Zeph Dlomo Secondary School.

KwaZulu Natal is one of the provinces with the highest number of young drug addicts in South Africa. In response to this challenge, the Institute for Healing of Memories has been conducting drug-abuse prevention workshops in schools and communities. The workshops are effective in

promoting drug- abuse preventive behaviours and they raise awareness of the effects of drugs at individual and community level.

Another exciting program that has been implemented in schools is non-violence workshops. Violence in schools has been increasing within KwaZulu Natal communities, especially in schools, where pupils and staff have been impacted by high levels of violence. Workshops were also conducted in communities around Durban and Pietermaritzberg. The objective of non-violence workshops is to encourage participants to respond non-violently to conflict in order to create a peaceful and healthy environment. The non-violence workshops also allow young people to reflect on the causes and effects of violence within our communities.

The healing-of-memories workshops program continues to create a safe space for healing and reconciliation in the province in order to bridge the gap left by the Truth and Reconciliation Commission in the context of trauma healing. The workshops have been implemented in

THE RESTORING HUMANITY PROJECT INCREASED ITS ACTIVITIES WITHIN COMMUNITIES, ESPECIALLY IN SCHOOLS AND RURAL COMMUNITIES.

THE HEALING-OF-MEMORIES WORKSHOPS PROGRAM CONTINUES TO CREATE A SAFE SPACE FOR HEALING AND RECONCILIATION IN THE PROVINCE IN ORDER TO BRIDGE THE GAP LEFT BY THE TRUTH AND RECONCILIATION COMMISSION IN THE CONTEXT OF TRAUMA HEALING.

five communities around Durban and ten communities in the Pietermaritzberg area. These processes prepare the ground for a wider and continuing practice of self-knowledge, forgiveness and reconciliation as participants return to their homes and communities. As Cori Wielenga (2013) said, “Sharing our stories is meaningful in fostering healing and reconciliation and breaking down the violence that lies deeply embedded in our society”.

The community-healing program focused on community-healing dialogues in 2017. Due to the increase in violence against women and children in the province, the Institute conducted a series of community-healing dialogues on the prevention of gender-based violence. The main objectives of these dialogues were to understand the nature and causes of gender-based violence, discuss possible strategies on how to offer the appropriate support to survivors and encourage mutual collaboration in order to break the cycle of violence against women and children.

In terms of fundraising, 2017 was a very difficult year for the Institute as traditional donors cut down on funding, while some announced they will reduce funding in future. It is clear that the ripple effects of the international recession continued to impact IHOM downstream. The Institute appreciates the support from our existing and new donors, which enables us to make changes in many people’s lives. We will continue to concentrate our efforts on broadening our fundraising strategies.

In conclusion, despite the funding challenges that the Institute encountered in 2017, we managed to implement all planned activities for that year. Our greatest success was seeing the real transformation in individual participants’ lives.

The KwaZulu Natal office appreciates the support provided by the Trustees, colleagues and facilitators in 2017, in particular by the Director of the Institute, who continues to ensure that the organization carries out its mission and objectives.



SUMMARY OF KWAZULU NATAL WORKSHOP REPORT

Bridget Phillips

INTRODUCTION:

The Institute for Healing of Memories (IHOM) is one of the organisations that is reaching out to church members, communities, schools, police, clinics, prisons, the business community, by facilitating healing-of-memories processes, by helping participants to share the stories of their ancient, past and present wounds so they can begin the journey to healing. A healthy community is a productive community.

We live in a society that is affected by social ills, spiritual wounds and stress. For example, South Africa, and in particular KwaZulu-Natal Province, is confronted with many economic and socio-political challenges such as HIV/AIDS, sexual gender-based violence and human trafficking.

Unemployment, crime, domestic violence, political and taxi violence, child abuse, rape, drug and alcohol abuse, teenage pregnancies, family and marital problems, children with behavioural and learning problems, trauma, bereavement, prostitution, ukuthwala etc.

Such an overwhelmed society/community needs trained caregivers or organisations to actively become part of the healing process and transformational development so that people can experience "... life, and have it to the full".

This report assesses the work of IHOM from February to November 2017 using an evaluation approach: evaluation reports are logically structured; they contain evidence-based findings, conclusions, lessons and recommendations arising from the activities.

ACTIVITIES - OBJECTIVES:

Creating a safe space for all participants to share their ancient, past and present experiences of pains which they have endured in life. Also creating safe spaces for different religions and finding ways to share and learn from each other about their beliefs and cultures and to communicate how to build a better South Africa.

LEARNING AND INSIGHTS:

The importance of having parents in one's life sometimes determines the future of the children because childhood matters in the end.

The circle of gender-based violence does not break on its own; there has to be an acknowledgement of the past in one's life and the determination to deal with it.

Age is not a challenge to telling your story; it has been shown that every human being has a story to tell, regardless of age.

- **Our target groups for 2017 are Interfaith, orphanages, organizations which work with gender-based violence, schools, Pietermaritzburg and Durban communities.**

In Pietermaritzburg, four communities were targeted: Dambuza, Imbali, Manor Gardens, Impendle and surrounding areas.

In Durban and surrounding areas, the following communities were targeted: Central Durban, Chesterville, Marian Ridge, Umbumbulu, Lamont Ville, Inchanga and other surrounding areas.

- **Partners targeted some areas which are semi-rural:**

Pietermaritzburg: Eastwood, Woodlands, Dunveria, Pelham, Glenwood, Howick, Haza, Mphophomeni, Phumuza, Oribi, City Central and Cinderella Park.

Durban: Merryville, Bluff, Glenwood, Umbilo, Illovo, Lamontville, Mantobella, Durban Central, Ntshongweni and Inchanga.

- **Activities for healing of memories held from February to November 2017**

Totals of participants who attended IHOM workshops, reunion, 2nd Phase and dialogues

Activities	No of activities	Total men	Total women	Total in activities
Workshops	15	88	323	411
Reunions	5	16	49	65
2nd Phase	3	12	29	41
Dialogues	8	85	211	296
Total all	31	201	612	813

The workshops were attended by a total of 411 people, 323 women and 88 men. **The total number of workshops was 15 and all races were represented.**

There were not enough follow-up reunions because of a lack of available funds to run the sessions. In total 65 people attended, 49 women and 16 men. **The total number of reunions was 5.**

The second-phase workshops also helped participants to learn to deal with the

struggle of forgiveness, hatred and anger. They were attended by a total of 41 people, 29 women and 12 men. **The total number of second-phase workshops was 3.**

The dialogues were attended by a total of 296 people, 211 women and 85 men. **The total number of dialogues was 8.**

- **Conclusion**

The healing of memories workshop process enabled participants to share their stories. Using the workshops' monthly reports from February to December, the evidence suggests that 813 people attended the IHOM processes in different areas of KwaZulu-Natal.

Not only did they attend but they participated in small groups and shared their personal stories. Personal testimonies also show that participants experienced healing or at least began their journeys towards healing.

Therefore, I can safely conclude that the objective set for the programs was successfully met, i.e. the goal of the healing of memories workshops to create a safe space in KwaZulu-Natal to bring about healing to the province that is confronted with rape, hatred, anger, trauma, witchcraft, HIV/AIDS, identity crisis, killings, violence, teenage pregnancy, parenting issues/absent fathers, alcohol and sexual abuse, school drop-outs, etc.

WE LIVE IN A SOCIETY THAT IS AFFECTED BY SOCIAL ILLS, SPIRITUAL WOUNDS AND STRESS. FOR EXAMPLE, SOUTH AFRICA, AND IN PARTICULAR KWAZULU-NATAL PROVINCE, IS CONFRONTED WITH MANY ECONOMIC AND SOCIO-POLITICAL CHALLENGES SUCH AS HIV/AIDS, SEXUAL GENDER-BASED VIOLENCE AND HUMAN TRAFFICKING.



ANNUAL REPORT – 2017 RESTORING HUMANITY

Sandile Magutshwa

INTRODUCTION

2017 has been an amazing and inspiring year for the KZN Restoring Humanity program. We increased the number of communities we work with, focused more on the school program, extended our work to the rural communities and added new facilitators to our team. Though inspiring, these additions also brought in more challenges to the program.

We worked tirelessly to make sure that we achieved what we planned at the beginning of the year and I would like to applaud the facilitators for a job well done.

Our facilitator team dedicated significant time to reflecting on our deliverables in previous years. We critically evaluated our previous activities and agreed on a future strategy which capitalizes on the strengths of the team and which will also maximize participation from our participants. We wanted to keep young people absorbed and interested. Our activities aimed to assist young people to connect their

history and their present. Connecting/reconnecting young people to history and cultural practices helps families and communities heal.

I have pleasure in presenting this annual report with the aim of sharing what was done during the course of the year 2017 and sharing the impact that was achieved and the challenges encountered.

During 2017 we worked with young people from Savannah Park, Chesterville, Lamontville, KwaMashu, Mariannridge, Zwelibomvu (Umbumbulu), Dambuza and Impendle. We also conducted workshops for students from KwaMakhutha Comprehensive School, Mzuvele Secondary School and Zeph Dlomo Secondary School.

WE WORKED TIRELESSLY TO MAKE SURE
THAT WE ACHIEVED WHAT WE PLANNED
AT THE BEGINNING OF THE YEAR
AND I WOULD LIKE TO APPLAUD THE
FACILITATORS FOR A JOB WELL DONE.



ACTIVITIES

Activity and dates	Males	Females	Total
Drug Abuse Workshop – 23 February 2017 (4 workshops)	80	108	188
Drug Abuse Workshop – 26 February 2017	24	29	53
Drug Abuse Workshop – 27 February 2017	71	76	147
Drug Abuse Workshop – 28 February 2017 (5 workshops)	97	114	211
Drug Abuse Workshop – 07 March 2017	21	20	41
Human Rights Workshop – 07 March 2017 (4 workshops)	88	105	193
Human Rights Workshop – 08 March 2017 (4 workshops)	75	107	182
Drug Abuse Workshop – 08 March 2017	18	14	32
Human Rights Workshop – 09 March 2017 (6 workshops)	112	142	254
Drug Abuse Workshop – 09 March 2017	03	10	13
Culture & Human Rights Workshop – 18 March 2017	13	37	50

Activity and dates	Males	Females	Total
Culture & Human Rights Workshop – 21 March 2017	24	59	83
Dialogue – Peace Building – 01 April 2017	11	05	16
Healing of memories Workshop (RH) – 4 to 6 April 2017	09	16	25
Freedom Celebration Workshop – 08 April 2017	16	39	55
Freedom Celebration Workshop – 22 April 2017	12	40	52
Historical Site Visit - 20 May 2017	22	40	62
Vision and Goal-Setting Workshop – 30 May 2017 (2 workshops)	31	29	60
Vision and Goal-Setting Workshop – 05 June 2017 (3 workshops)	31	40	71
Vision and Goal-Setting Workshop – 06 June 2017 (2 workshops)	17	17	23
Non-Violence Workshop – 09 June 2017	27	25	52
Youth Day – Identity Workshop – 17 June 2017	29	66	95
Drug, Violence & HIV/AIDS Workshop – 15 July 2017	15	47	62

Activity and dates	Males	Females	Total
Healing of Memories Workshop (RH) – 16 to 20 July 2017	05	20	25
Gender-Based Violence Workshop – 19 August 2017	21	18	39
Drug Abuse Workshop – 30 August 2017	20	19	39
Gender-Based Violence Workshop – 16 September 2017	13	36	49
Group Session (Mantobello) – 14 September 2017	0	58	58
Dialogue – Dreaming an Ideal South Africa	16	03	19
Totals	921	1 339	2 260

CONCLUSION

At the KZN Restoring Humanity program this year we were joined by new co-facilitators, who attended our activities and workshops. They are: Andile Luthuli, Zinhle Shoji, Sphumelele Nzama, Nomusa Shalata, Khethiwe Zama and Phumelele Makhoba. We have confidence that they will make a valuable contribution to the work of the Restoring Humanity program.

We were able to do away with walls that were separating young people – barriers were broken between communities and individuals. We assisted young people to connect with each other – as individuals and as communities - and this also enhanced a learning environment and sharing.

This work has challenged and taught me to stretch, touch and connect with what young people cannot say – with what they do not have words for – with what they struggle to express in words.

I am also able to connect with different cultures and backgrounds.

We have gained the knowledge and experience to listen at three levels – **THOUGHTS, FEELINGS AND INTENTIONS.**



RESTORING HUMANITY CHILDREN'S HOLIDAY PROGRAM DELFT 19-20 JULY

Liso Madikane

On 19 and 20 July we were invited by one of our partners, the Masithembele organisation, which is based in Delft. They were having a school program for the July holidays and invited the Restoring Humanity team to organize the workshop for the two days.

The RH team planned and implemented the program on bullying and building peaceful communities.

OBJECTIVES:

- Creating a safe environment
- Preventing harmful situations
- Awareness of bullying

The lead facilitator gave the introduction about the IHOM and the participants introduced themselves.

The clip about bullying was played and the ice-breaker was organized.

The group divided into small groups to discuss and share some information about bullying and then answered the questions that were given to them, with the facilitators helping.

DAY 1

What is bullying?

- Bullying is when someone beats you, calls you names, when someone takes your lunch and your money, and when someone is always threatening you; you must not fight with your friend. Bullying is when you are forced to do something against your will

Bullying is a way of abusing other people's rights. Where does it take place?

At school, in the park, at home, in prison, at work, in the street, at church, everywhere.

Why do people suffer bullying?

- You get bullied when you are a shy person and if you don't have friends; when the bully has maybe been in a situation where they were bullied before. It makes them feel good.

Have you ever experienced being bullied or bullying someone else?

- Yes. When they said my friend Kesha was ugly. I was thrown in a bin and they took my money.



The participants created posters showing how we build peaceful communities or how we wish our communities to be.

- If we are able to help each other, stop stealing other people's stuff, be careful when it comes to shooting, love each other, say no to drinking and smoking, trust one another, help people who don't have anyone.

- Live with no shooting and robbing, stand up for one another, no abuse and no bullying, sharing and caring community.

The small groups created posters or collages about building the community that they would like to live in.



Collages that they created

DAY2

The team started their activities by welcoming the participants, signing in and expressing their feelings:

- Fine, well, excited, very well, feeling good, happy, and feeling good because I am here to learn more.

Recap from yesterday

- We talked about bullying, abuse, building peaceful communities, watched a clip about the boy who was bullied at school and ending up taking his own life. We created posters on building peaceful communities. Report bullying immediately if you see it happening. We need to respect each other so that we can live in peace.

Answers from the participants:

- Bullying is a problem because it is not right to bully other people, because they may kill themselves; bullying is a problem, it is sad and it makes people unhappy
- Bullying is not acceptable because it involves taking other people's stuff away
- Bystanders are people who watch and do nothing to stop bullying, someone who is just watching and not helping
- Bystanders can report the bullying to teachers, or walk away and tell your mother to stop it, or run and tell elder people about it, or chase them away, stop them, report them to the police or to someone you trust; that person is not going to make fun of it

ROLE PLAYS

The small groups set up the role plays on how we create peaceful communities and how we can stop bullying in schools and in society.

Our role play is going to be about five boys and one girl but she doesn't want us, she wants a boy named Achuma. Whenever we see Achuma around we tell him he is ugly and call him names and tease him.

Sakhe will report this because he does not like what the other boys are doing to Achuma.

The second day ends by presenting their collages and acting their three-minute role plays.

Facilitators thank the participants and the day ends.



THE HEALING OF MEMORIES PROCESS ANNUAL REPORT 2017

Loret Loumouamou

INTRODUCTION

This year the Institute was once again able to contribute to the transformation of people's lives in the Western Cape and the broader South Africa. In South Africa we see much evidence of intergenerational trauma and many ways in which unhealed wounds of the past continue to infect the present.

We continued with our work in the communities of Delft, Masiphumelele, Atlantis and Dunoon. The focus of the program has been the healing process, which consists of: orientation workshops, weekend workshops, second-phase workshops and reunion workshops.

This report presents a summary of activities conducted in 2017 as part of the healing-of -memories program in Cape Town. This is a continuation of the

implementation of our strategic planning. The report will cover the activities achieved: healing of memories workshops, facilitators' development and partnerships.

For the most part we were able to implement the activities set out in the year plan. For the months of September, October and November some of activities were scaled down because of financial constraints.

HEALING OF MEMORIES PROCESS

The healing of memories process seeks decisively to break the destructive cycle of dehumanisation and violence that disfigure societies. The work is grounded in the belief that all people are in need of healing, because of what we have done, what we have failed to do and what has been done to us. In a safe, supportive space, guided by expert facilitators, participants are helped to address sources of alienation, misunderstanding and personal suffering. The process consists of a weekend workshop, a second-phase workshop and a reunion. Orientation workshops are held to prepare prospective participants in the healing process so that they know what to expect and to start building the relationship with the participants.

NUMBER OF PARTICIPANTS IN 2017

Adults:	Women	358	Men	197
Youth:	Girls	34	Boys	52
Total number (not including orientation workshop):				641
Total number including orientation workshop:				698

ACHIEVEMENTS:

In the three areas we have been working on for the last three years:

For Adults:

Weekend workshops:	13
Second-phase workshops:	15
Reunion:	1

For the partner organisations

VPUU (Violence Prevention through Urban Upgrading)

Weekend workshops:	2
Secondphase workshops:	2
Reunion:	2

Diocese of George

Weekend workshop:	1
Second-phase workshop:	1
Reunion:	1

For youth

Weekend workshop	3
Second phase	3
Reunion	1

THIS YEAR THE INSTITUTE WAS ONCE AGAIN ABLE TO CONTRIBUTE TO THE TRANSFORMATION OF PEOPLE'S LIVES IN THE WESTERN CAPE AND THE BROADER SOUTH AFRICA.

FACILITATORS' DEVELOPMENT

First Aid training

On 25-26 February 2017, facilitators of the healing of memories program attended a first-aid training at St John in Woodstock.

The aim of the training was for each facilitator to know and understand how to assist participants during the workshop who might need immediate treatment or care until more advanced care is accessed or they recover.

Topics covered

- Introduction to First Aid
- Casualty management: Shock, loss of consciousness and fainting
- Casualty management: response to suspected spinal injury
- Adult resuscitation
- Severe bleeding
- Medical conditions
- Wound care
- Burns
- Bones and joint injuries
- Multiple casualty management
- Secondary survey

Impact of the First-aid training

The following is the feedback on the benefit of First Aid training from the facilitators who attended:

*"The St John's First Aid training really helped us to understand the legalities of First Aid, which was very scary because there are professionals out there who have lost all respect for human life and put money first. It also allowed me to look at the myths regarding First Aid, which was very helpful as it could be very harmful. I now know the importance of keeping calm at an emergency scene and the steps to follow when assisting at a scene. This information was really needed as incidents could be fatal if not attended to as soon as possible. This information is very helpful to me as a facilitator as incidents happens all the time and now I am fully prepared." **Julita Dorman***

*"Having done First Aid training, it has equipped me to be able to spot someone who is likely to be needing urgent assistance with regard to sudden sickness – having learned all possible symptoms it would be easy to act speedily and save a life. Therefore, when facilitating I will be able to handle any unforeseen emergency." **Ntombi Songwe***

"The training has been a good experience. I learned a lot about different methods of handling an injured person. I never thought that was the way of doing it; it was far away from what I had learned. I am going to implement these

principles in the workshop to help a participant if the need arises and in my community.” Patricia Adams

*“The First Aid training has provided me with useful tools I could use to assist with saving life, especially in the field I work, to recognise signs and symptoms of people who may need assistance when unforeseen accidents or illness befall them and to be able to use these skills to assist people in my community”
Lameez Hendricks*

Facilitators’ retreat

The facilitators’ retreat was held from 17 to 19 November 2017 in Fish Hoek. It was facilitated by Judy Bekker. The aim of the retreat was to create a space for the facilitators to reflect on their personal life and their contribution to the Institute for Healing of Memories.

It was a time to form bonds with one another, contemplate their purpose and motives and work on one or more specific goals.

PARTNERSHIPS

The Institute was invited to implement the healing of memories process for Violence Prevention through Urban Upgrading (VPUU) and Hope Africa.

Violence Prevention through Urban Upgrading (VPUU NPC)

The VPPU mission is to increase safety and to improve the living and social conditions of communities through urban improvements and social interventions. They work

as an intermediary between residents and the public sector. Their methodology is centred around a Community Action Plan based on the pillars of Lifelong Learning, Social Capital, Safe Communities and Evidence. The cornerstones of their approach are human development and sustainability, underpinned by key principles including trust, accountability, voluntarism, participation, partnerships and local ownership.

Activities implemented for VPUU

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Activities implemented for VPUU

The Institute for Healing of Memories was approached by VPUU to support their initiative to provide a healing process in two communities: Paarl East and Villiersdorp. This process was started to address issues around social cohesion such as the degree of social integration in those communities. It is envisaged that the healing journey will contribute to creating a safe space for people to build healthy relationships based on trust that will enable them to work together more effectively. All the activities were sponsored by VPUU.

Outcome

The healing process provided participants with a deepened awareness of self and an understanding of the link between past experiences and current behaviour. It also provided tools and techniques for managing change on the journey of reconciliation and forgiveness.

Challenges

Poor attendance at the follow-up sessions in both communities.

Hope Africa

The aim of Hope Africa is to promote and implement a social-development program for the Anglican Church in Southern Africa for the improvement of the spiritual, physical and emotional well-being of the poor and oppressed people of Africa on a non-denominational basis.

The Institute for Healing of Memories was approached by Hope Africa to support their initiative to provide a healing process in the diocese of George with priests from the Anglican Church. This process was started to address tension amongst the clergy in the diocese. It is envisaged that the healing journey will contribute to creating a safe space for clergy in the diocese to build healthy relationships based on trust that will enable them to work together more effectively.

Hope Africa, the George Diocese and IHOM collaborated to provide the material and human resources to implement the healing journey. The venue of the workshop,

accommodation, catering and transport for the facilitators were provided by Hope Africa and the Diocese of George, while stipends for the facilitators and material were provided by IHOM.

IMPACT OF THE PROGRAM

The Institute for Healing of Memories has been one of the main advocates for promoting storytelling as a methodology for healing, social cohesion, community-building and personal growth.

Processes such as that undertaken by the Truth and Reconciliation Commission have done much to reinforce this association between storytelling and healing. We have felt the need to reflect on the challenges we face in dealing with the multi-dimensional stories of our country, many of which are struggling to be heard. We would also like to draw on the lessons learnt during this year.

The experience of the healing process helps us to understand how storytelling enables participants to make sense of their own experiences of the past and also, in the process, to reorganise their sense of themselves. At the same time, what means are available to those who choose or need professional assistance? The Institute has always been mindful of looking beyond the individual, acknowledging that the stories of different communities are intertwined and cannot be seen apart from each other.

By bringing different communities together, the work of the Institute contributes to social cohesion as a promoter of social integration and inclusion in the communities we work

with and in society at large. The healing process accommodates people with diverse origins, histories, languages, cultures and religions.

The program impacts communities and society by helping to eradicate divisions between people rooted in prejudice, discrimination, exclusion and past injustices, and to promote well-being.

Through the healing process, people's dignity is restored. We believe that transformation begins by recognizing that our brokenness is beauty.

Individuals heal in the context of a community, by listening to each other's stories. Storytelling and listening were the most practical sessions in the methodology and were acknowledged by the participants as seeming to help them a lot on the healing journey. The feeling of being cared for, appreciated and loved without any judgement was also mentioned during the verbal evaluations.

During second-phase workshops and reunions, participants several times emphasized the impact of the drawing exercise as an activity that triggered suppressed memories and made sharing their painful memories easier.

The highlight for this year was to implement a healing journey for young people. Previously, young people were involved only in the weekend workshop, but this year a group of young people committed themselves to the whole process. They were involved in the three phases of the workshop, including even the orientation workshop.

The healing journey with the young people was incredible, in the sense that the space created helped them to deal with their issues emotionally. They learned how to listen to one another and how to connect and express their feelings. Issues such as rape, drugs and bullying were shared in the workshop by the young people.

Surprisingly, the young people were able to journal on the following topics on the second phase: anger, forgiveness and hatred.

The reflections from the participants were so deep, as they came to the realisation that they are not alone: they felt **acknowledgement** and that they could be supported by facilitators who are not their family members.

Psychological barriers of fear, anger and suspicion that separate people from others began to erode, and participants began to reach out to others in friendship: **reconnection**.

The process contributed to restoring hope, dignity, well-being and social trust. The young people felt empowered, raising their self-esteem.

Talents such as poetry, art, singing and others were acknowledged in the participants.

Lessons learned

Having the same facilitators with the same participants for the weekend and second-phase workshops and the reunion has a huge impact on the evaluation of the process. This was seen during the activities we run with our partners and the youth workshops

where we have to work with the same group of people. High levels of trust and connection develop, which deepen the process.

Challenges

Organising youth participation in the healing process was a challenge this year, as was the follow-up between each workshop. There was a huge fall in numbers: only 18 young people attended the second-phase workshop out of the 56 who participated in one or other of the two-day workshops.

The reunion could not happen because the young people were not organised to attend.

Writing a report for the workshop that I was not part of was a challenge because the facilitators were not able to provide enough information or tell me what their reading of the workshop was in terms of its impact.

Recommendations

Develop partnerships with organizations which can build on the talents displayed by young people during the workshops.

Empower facilitators or lead facilitators on how to report on a workshop or develop guidelines on the information that is needed for a report.

THE REFLECTIONS FROM THE PARTICIPANTS WERE SO DEEP, AS THEY CAME TO THE REALISATION THAT THEY ARE NOT ALONE: THEY FELT **ACKNOWLEDGEMENT** AND THAT THEY COULD BE SUPPORTED BY FACILITATORS WHO ARE NOT THEIR FAMILY MEMBERS.



COMMUNITY HEALING

Report by Mandla Klanisi, *Community healing project coordinator*

INTRODUCTION

The content of this report serves as a summary of the activities which took place during the course of 2017. It will highlight key themes, objectives, and outcomes of the activities conducted. It will further highlight key activities planned for 2018.

COMMUNITY HEALING ACTIVITIES IMPLEMENTED

Activity	Theme	Community	Participants	Gender analysis
Community dialogue	Restitution in South Africa	Masiphumelele	60	70% Females 30% Males
Community dialogue	Restitution in South Africa	Atlantis	20	60% Females 40% Males
Community dialogue	Restitution in South Africa	Makassar	61	60% Females 40% Males
Community dialogue	Restitution in South Africa	Delft	38	90% Females 10% Males
Community dialogue	Restitution in South Africa (Part 1)	Dunoon	15	40% Females 60% Males
Community dialogue	Restitution in South Africa (Part 2)	Dunoon	18	40% Females 60% Males
Lecture	The lecture on exchanges between the survivors of political traumatisation in the GDR and South Africa. Dr.Karl	Atlantis and Delft	32	90% Females 10% Males
Total			244	

WHY RESTITUTION DIALOGUES?

*“South Africa’s painful past caused many traumatic memories and huge inequalities within societies. A peaceful future in South Africa is only possible through the healing of traumatic memories related to our racist past and the establishment of a more equal and just South African society.” **Restitution Foundation.***

*“Every story needs a listener” **Institute for Healing of Memories.***

- The dialogues on this topic, Restitution in South Africa, aimed to provide communities with a safe space in which to reflect deeply on this concept – what is restitution for them in the context of SA’s history of colonialism, slavery and apartheid. How do they envisage it happening in relation to their present socio-economic realities, which are driven by a neo-liberal economic agenda? What role do each of us have to play in making things right, and who must do what?
- So in essence, the dialogues intend to get these communities involved in the conversation on restitution in South Africa and to get their voices heard.

STRUCTURE / METHODOLOGY

- What do you know about restitution? - buzz groups.
- Clip / Trigger <https://www.youtube.com/watch?v=aiocsdwEBiQ&t=38s>
- Replay the clip bit by bit, and explain it in relevant language (link it with IHOM’s three questions: what was done to me, what did I do, and what did I fail to do)
- Small group (Reflections about the clip)
- How has life been for you in relation to the past OR the impact that past “injustices” in SA have on you ‘STORY-SHARING ACTIVITY’
- What does restitution look like now for you? Family, community and national contexts
- What still needs to be done to build and to have a fair nation where all can enjoy a dignified life.

KEY OUTCOMES OF DISCUSSIONS / REFLECTIONS

- **Perpetrators according to the participants**
 - The apartheid government designed and implemented the system to make the victims suffer. And most Whites followed and implemented that system; there were very few who opposed it.
 - Black people like Mathanzima, Gqozo and others also took part in making black people suffer.
- **Victims and treatment according to the participants**
 - It was clear that Blacks, Coloureds, Indians, Muslims and some of those anti-apartheid Whites who also fought for freedom were or are the victims of that system.

- The dialogue brought back memories, the Soweto uprising, pass laws, the way black people were used to oppress one another.
- Oppression was severe, white soldiers going door to door to kill people in front of their families and children.
- Black people were not free to move around or go to the same beaches as white people.
- There was huge poverty and poor education for black people.
- Forced removals, taking of land and livestock.
- Black people were only getting social grant after three months, whereas white people were getting it every month.
- Bars / clubs were only for whites.
- Black and coloured people were excluded from participating in the nation's sports activities.
- Some black people went against the law of that system and were tortured and killed.
- During apartheid there was no law to protect us as black and coloured people.

WHAT STILL NEEDS TO BE DONE TO MAKE THINGS RIGHT - 'RESTITUTION', THE GRASSROOTS VOICE

- The government should build proper houses for the victims of past injustices.
- Rebuild safe schools and provide good education for our children; Pension grant is too low. Sassa should stop the loans offices; Youth skills development; More security,

police visibility; Food parcels for people who are on treatment, so that they can take their medication; We need each other to make the world a better place; Free education # Fees Must Fall; Land redistribution; Freedom is in our hands; we are responsible for bettering our lives; There are glimpses of a rainbow nation but there is still a lot to be done.

- Young people should use their energy to ensure transformation; Grassroots views should be taken seriously; The government should know and respect the needs of the majority.
- This government should create more job opportunities; improve the conditions of schools and education in poor communities. E.g. Masiphumelele; Police must work better with community members to ensure security; Government must ensure proper service delivery, especially in poor communities; As community members we need to have peace amongst ourselves; The government should work hard to ensure equality – “close the inequality gap”

OTHER KEY OUTCOMES

- The Truth and Reconciliation Commission TRC was improvised. It was not done properly.
- 22 years of democracy – We still battle with the issue of land reform.
- The African youth of 1976 experienced difficulties, even our African youth today still struggle with education issues – Fees.
- Some of our youth are not attending school and the department of education is not doing anything about it. No programs in place for drop-outs.

- The department of education is failing our children. It has to make sure that all kids go to school.
- A story was shared by one of the participants: her whole family was affected by forced removals, as the community they lived in was demolished in 1984. Apparently, the land of their birth had natural resources like coal and gold, hence the forced removals. Those who resisted that process got killed.
- Some of our parents died while working in the mines but there was no compensation.

KEY OUTCOMES OF THE RESTITUTION CONVERSATION

How to make things right? This was the main element of the dialogue. What is it that needs to be done to make things right in the context of past injustices in South Africa? Who must do what? And how?

- **Address root causes** of the past to find solutions – it came out from the participants that we need to address the root causes of the past, so that we can find suitable solutions. This also speaks to engaging with and reflecting on the history of our country.
- **Apology** – It was also mentioned that an apology has to be made. Those who did wrong and benefited from the injustices need to humble themselves and show they are sorry, not just say sorry. In this part of the conversation, a question also came up strongly - *what prevents people from saying sorry? Is it pride?* People who did wrong or benefited from the past injustices need to accept responsibility. They can't just sit

back and expect that we will be a rainbow nation without taking responsibility for what happened in this country. The damage is there, there has to be reparations that accompany the verbal expression of an apology.

- **Restoration process** – We need to look at restoration processes. One participant suggested strongly that we need to bring back the TRC. They did a good job but there is a need for it to continue its work and that includes the healing processes, because transformation has not yet come to life.
- **Revisit history** – There has to be a generational conversation, all generations must intentionally engage with the history of this country and talk openly about what happened. It is also key that our young people understand the history of this country in its full context, so that they understand where we come from.
- **Money cannot replace people** – Emotional feelings came up as some participants shared the loss of family members due to apartheid. They put strong emphasis on the fact that the damage and loss of lives cannot be replaced by money.
- **Land / removal / displacement** – this is one of the big things that came from the dialogue. The displacement of people caused huge damage in families and cultures. People lost contact with their families, lost their wealth and dignity and their identities. They had to find other means to live. It was also stressed that even today, there is very little that has been done in terms of land reforms. This process seems not to be given a high priority by those in power.
- **People of this country are still divided**, they don't live together, and white people

don't know the pain of black people. It was stressed that we still live very much like in the past. We are still geographically and socially divided. White people don't seem to come on board when it comes to rectifying and engaging with the victims of the unjust systems. The need to learn each other's languages is one of the ways to help us move towards a meaningful conversation and understanding each other's pain.

- **The effect remains and the memory is marked** – The participants shared very painfully the fact that the scars of past injustices can never go away. In this regard, it was said that people need healing - heal the wound, heal the soul, heal the spirit, and address the psychological aspect.
- **Systems** - There was also anger expressed and shared by some participants about structures and systems that exist in the country which create and maintain inequality. How is it possible for change to happen if the current systems still favour or continue to benefit the privileged? And these systems perpetuate divisions. They create the "other" class and identity.

EVALUATION COMMENTS:

Today I had a good day as we visited or reflected on where we come from, where we are now and where we are going; I like what IHoM organized opening a space or platform for people to share their feelings and opinions on restitution and the history of our country; We always had what we shared but we never had a platform to share; I have learnt a lot about our country's history; I am feeling very painful about the Marikana story – our government did not take that seriously; Respect everyone and never take anything for



granted; When we work as a community, it is then that we can make a significant change; I pass through Macassar all the time but I never thought about or understood its history; I realised the divisions between the rich (Whites) and poor (Blacks); The monument, the kramat, is a place I had never been before.

Sometimes you don't know what you are looking at – a beautiful view includes all the divisions BY DESIGN in the country; I realised that the apartheid legacy still lives.

CONCLUSION

These dialogues seem to have demonstrated a need for such spaces, where people can reflect on and listen to each other's pain and as a group find solutions.

As can be seen from the few yet critical outcomes of the discussions, people are still hurting. As a country, it seems there is still a long way to go. However, it is crucially important to have conversations regarding such issues – when we are on the same page, we can begin to move together.

COMMUNITY HEALING PROJECT DRAFT YEAR PLAN 2018

- 3 dialogues on xenophobia, each with 70 participants
- 3 dialogues on revisiting the spirit of Ubuntu, each with 70 participants
- 3 dialogues on torture, each with 70 participants
- 3 dialogues on gender-based violence, each with 70 participants

HOW TO MAKE THINGS RIGHT? THIS WAS THE MAIN ELEMENT OF THE DIALOGUE. WHAT IS IT THAT NEEDS TO BE DONE TO MAKE THINGS RIGHT IN THE CONTEXT OF PAST INJUSTICES IN SOUTH AFRICA? WHO MUST DO WHAT? AND HOW?

RESTORING HUMANITY BOYS TO MEN PROJECT

Mandla Klanisi

Why Boys to Men?

It is unarguable that across the globe gender-based violence has not come to an end and is even escalating. In South Africa statistics show that “On average, one in five women older than 18 has experienced physical violence. Four in 10 divorced or separated women reported physical violence, as has one in three women in the poorest households” (Statistics SA 2016). And in most cases it is men who are perpetrators of gender-based violence whatever the root cause might be. The project can accommodate 30 boys per year, aged 14 – 18 years. The boys currently involved in the project come from Masiphumelele, Samora, Mamre and Du Noon.

Key objectives

- The main objective is to contribute to the prevention of gender-based violence.
- A further objective is to contribute to gender equality, as stated in goal number 5 of the sustainable development goals (SDGs).
- It also seeks to contribute positively, to “empower boys” in the process of transitioning towards their adulthood or manhood, so that they can be kinder, more caring men who promote peaceful families and communities, men who are strongly against gender-based violence.

BOYS TO MEN ACTIVITIES IMPLEMENTED

Theme / Topic	Communities involved	Objective	No of participants
Boyhood – Manhood	Masiphumelele; Dunoon; Mamre; Khayelitsha; Samora	The first activity focused on Manhood: engaging young boys creatively in unpacking this concept “what it means to be a man, does it mean anything”	16 (to be verified)
Gender roles	Masiphumelele; Dunoon; Mamre; Khayelitsha; Samora	To unpack the concept of gender roles and to create awareness	21 boys
Gender equality and responsible citizen	Masiphumelele; Dunoon; Mamre; Khayelitsha; Samora	To unpack the concept of gender equality in relation to the constitution of South Africa and to create awareness of its significance	24
Family violence	Masiphumelele; Dunoon; Mamre; Khayelitsha; Samora	To map key causes of family violence and collectively unpack preventative measures	19 boys
Revision session	Masiphumelele; Dunoon; Mamre; Khayelitsha; Samora	To make sure that all participants are on the same page in terms of what we did through the year. Also to create a space where we get to re-unpack some of the critical issues that came out of some activities. To refresh and to infuse knowledge.	19 boys

WORKSHOP ONE – BOYHOOD – MANHOOD

Methodology: Boyhood-Manhood

- Let's build a team session
- Reflecting on “boyhood”
- Collage activity on manhood
- Presentation activity
- Research activity
- Debrief
- Closer and announcement

Synopsis on boyhood discussion and key outcomes

I was told I am a boy because I have a penis, strong muscles, and I'm a hard worker; I grew up with people telling me I am boy; I feel happy being a boy because I don't have too many responsibilities; I feel happy being a boy because I won't get pregnant and feel uncomfortable because of the big tummy; I feel incomplete because I still have to travel a long journey to manhood; I feel happy because I am well taken care of; I feel sad because I am always a slave of men; I feel happy to be a boy because there is no time set for me to be at home; I feel happy because I still have the opportunity to become a man'.

Key outcomes

This activity was attended by 24 boys from Masiphumelele, Samora, Mamre and Du Noon. The boys really enjoyed themselves and the discussions. The first activity started

on a good note. There is confidence that the Boys to Men project will have a positive impact on these boys by introducing them at an early stage to critical concepts which are either building or destroying families, communities and even nations.

WORKSHOP TWO - GENDER ROLES

Introduction

It is important to engage young boys in the conversation on gender roles and gender equality so that from an early stage, they can be made aware of the impact gender inequality has on women and girls and of the attitudes they need to embrace or to uphold now and when they become adults in order to ensure gender equality in their homes and communities.

Methodology

- Recap- Ice-breaker
- Small groups
- Video on gender roles – Trigger
- Collage-making on gender roles
- Role-play preparation-
- Role plays (each group)-
- Dialogue / reflection on gender roles based on collage and role play
- Role model exercise - choose an item/s to present your kind of role model Reflection
- Evaluations

Synopsis

Gender roles, Role model

Men are required to provide food and shelter for their family; women should take care of their families while the father is at work, cooking and cleaning; men are the ones who make the babies; unlike men, women take longer when they do shopping; women must give birth; a man is required to have a wife in order to be respected in the family; every man is required to provide shelter for his family; man must wash dishes when it is okay to do so; a man must cook; every man needs to help his wife while cooking breakfast; it's a mother's role to make the kids happy; a woman must take care of the kitchen; every woman must have nice shoes; women must take care of their butty; a woman is supposed to cook for her family; men also have a responsibility to clean the house not only women; boys are not allowed to play with dolls because they will be called names - 'moffies' and all that; women have to cook because men are tired when they come home from work.

Most boys chose a soccer star, hip-hop stars, Nelson Mandela, their father, mother, sister, brother, community leaders / church leaders as their roles model



Outcomes

This activity was attended by 21 boys from the Masiphumelele, Samora Machel, Mamre and Du Noon communities. There is always enthusiasm on their part to attend the workshop and when it ends, they always ask when the next one is. What is encouraging about these boys, is that they sacrifice their Saturday to participate in these workshops, which shows a positive mentality as regards their personal development. It is worth mentioning that this group is a diverse one, with mostly Xhosa-speaking and coloured 'Afrikaans' participants. This contributes to their development, to be able to interact with another race as one way of helping to build social cohesion.

Conclusion

The topic 'gender roles' provoked a good conversation in this group. As one can see in the synopsis, some of them really consider some of the stereotypes to be correct or acceptable. As the project continues its journey, we look forward to challenging the participants, so that by the time they have completed the Boys to Men project, they will be at the stage where they look deep into these stereotypes of gender roles and apply their critical thinking.



WORKSHOP THREE – FAMILY VIOLENCE

Introduction

Family violence is a prevalent issue in South Africa and across the globe, and in most cases it is has more to do with gender dynamics. Hence we found it relevant and critically important to take this topic and make it part of the Boys to Men project.

It is important to engage young boys in the conversation on family violence so that from an early stage they can be aware of its impact on people, its key causes and key prevention methods, and what they can do to prevent it, even while they are still young.

Methodology

- Welcome – Introduction – Check-in
- Recap on previous activity
- What is violence? Small group discussions
- Sharing activity – real stories of violence we were comfortable to share
- Key themes from the sharing exercise, not personal stories shared
- Reflections on key themes
- Mapping country
- Poster-making activity
- Peace walk – Anti-gender-based violence messages
- Debrief

Synopsis

Recap point

We talked about gender roles.

What is violence?

“When your parents have a fight – father comes from work and he start to beat his wife because she has not cooked”

“Abuse from step-mother or step-father”

“Shouting without a reason”

“Child labour, when a child is forced to do hard jobs”

“Women abuse”

“Fighting”

Small groups - themes on violence

“Women abuse, child abuse, rape, killing of young children”

Key causes of violence in the family:

“Poverty, alcohol, lack of role models, lack of education”

“A father must teach his son to be like him in the future.”

“Men must treat their wives or partners well and with respect, they must be gentlemen.”

WORKSHOP FOUR – GENDER EQUALITY AND RESPONSIBLE CITIZENSHIP

Introduction

Gender equality is one of the biggest issues across the globe. In South Africa, we have an acclaimed democracy with a constitution that promotes equality (Chapter 2 Bill of Rights section 9.1-5). However, in reality, there is still a huge gap in the area of gender equality in various spheres of life – in institutions such as government, business, politics and religious institutions, in cultural traditions and in communities at large.

It is important to engage young boys in the conversation on gender equality so that from an early stage, they can be aware of its importance and its benefit to humanity and the world at large.

Methodology

- Welcome
- Recap on previous activity
- What do we understand about equality? Small groups
- Presentations
- The constitution and equality
- What does it mean to be responsible? Big group
- What is citizenship? Buzz groups
- Small break
- Collage-making exercise
- Reflections
- Final remarks and connecting the dots
- Synopsis

Gender equality: key outcomes and synopsis

“No one duty is set for one gender, all genders are responsible”

“Women must play their part in their families and men must do so by taking care of their children”

“Women can also play a father’s role, take care of the house and children, where there is no father in the house”

“A father must teach his son to be like him in the future, but only when it comes to good behaviour”

“Men must treat their wives or partners well and with respect, they must be gentlemen”

“Parents must teach their children good behaviour so that they can live in peace and love, so that they can have a bond”

“Freedom of speech, men, women, and children have the right to share their opinions in the family”

“Rights and responsibility – a good citizen knows the rights but also takes responsibility”

“Human rights in relation to gender equality – human rights speak to all of us, men, women, girls, boy, homosexuals etc. No one has a right to abuse a person”

“We must not treat gays and lesbians badly”

Brief analysis of the project

The idea of the Boys to Men project and its implementation are also another huge step for the organization. It is a critical intervention or contribution to the prevention of gender-based violence. Gender-based violence is still a big issue globally – the killing of women and girls is a serious issue that should challenge all of us. More and more interventions of this nature are indeed needed. More engagements with men and boys, since generally it is mostly women and girls who are abused by men.

What did not work?

Regarding the Boys to Men project, there was a relative lack of consistency in terms of their attendance. Some boys could not attend all the activities as planned. This becomes a challenge, because all the activities planned and implemented speak to one another, they are connected. For these activities to make a meaningful impact on participants or change their way of thinking about them, they needed to be present all the time. This is a tricky challenge, because some of them had good reasons for not attending, they had

no choice. However, there was a good number of boys who were consistently present and excited to be part of the program.

Overall Challenges

- Since we are trying to maintain our budget, we decided that participants will use public transport. This has become a bit of a problem, because getting a person to accompany these boys to the venue is a challenge, especially the younger boys from Dunoon. People are willing to drop them off but not to stay for the rest of the day. In future, we should get a young person who can be part of the Restoring Humanity program from this community, preferable a male, to be of assistance in this regard. Alternatively, we could organise a smaller car to get these boys to the project.
- Language is also one of the challenges we are facing in the Boys to Men project, since some of the boys speak isiXhosa, some Afrikaans, and trying to use a “common” language, English, is also a challenge because not all the boys have reasonable English as some are still young, etc. However, we do interpret and that sometimes takes time.

GENDER EQUALITY IS ONE OF THE BIGGEST ISSUES ACROSS THE GLOBE. IN SOUTH AFRICA, WE HAVE AN ACCLAIMED DEMOCRACY WITH A CONSTITUTION THAT PROMOTES EQUALITY (CHAPTER 2 BILL OF RIGHTS SECTION 9.1-5).



GOD HAS MANY NAMES – ANNUAL REPORT 2017

Clint Bowers

INTRODUCTION

The Restoring Humanity program decided to develop all the projects and work with a group of 25 to 30 young people over a period of a year. In February 2017 Restoring Humanity held an Open Day with the participants to recruit for the various projects within the program.

The God Has Many Names project entered its third year of programming. During the Open Day the project recruited 22 participants; the young people are between the ages of 16 and 25 and come from various areas in and around Cape Town.

Part of the Restoring Humanity program involves facilitators' development. In August 2016 we had taken a group of young people who had participated in the Restoring Humanity program through the training for facilitators to help them to understand what the Institute

is all about and how the youth program, Restoring Humanity, fits into it all. We also dealt with the basic skill of facilitation and understanding the methodologies we use.

Part of their practical training was to co-facilitate. Three trainee facilitators joined the God Has Many Names project with the task of learning and assisting in the development of the year-long program. They had also participated in the God Has Many Names project during the previous two years so they could share some insights and the background of their own experiences with the current participants.

List of Facilitators and Co-facilitators:

First name and surname	Area	
Babalwa Mpambani	Masiphumelele	Facilitator
Mishkaah Williams	Delft	Facilitator
Clint Bowers	Thornton	Facilitator (Project Leader)
Yamnkela Sigonyela	Langa	Co-facilitator
Faatima Abrahams	Mitchells Plain	Co-facilitator
Nonthanlthla Duda	Langa	Co-facilitator
Zizo Sibabalwa Nkqwita	Masiphumelele	Co-facilitator

PROGRAM – ACTIVITIES

This year's focus was Sacred Music and Art, aimed at familiarizing the participants with broad areas of sacred music and understanding the different rituals within the various religions/faiths/beliefs as well as looking at sacred art within different faith traditions.

The facilitators' team sat down and worked out the year-long project, which was to consist of visiting places of worship as well as doing the reconciliation walk within the city of Cape Town. It also included holding conversations about their own understanding of religion and spirituality and, importantly, exploring the different forms of music within identified faith traditions.

The objective of the workshops was for the young people to understand their own religion and spirituality; to explore the different religious rituals and how they connect to one another; to find ways to bring peace and harmony within our own lives by introducing the different chanting and mantras from the various religions. This involved preparing dance, poetry and song, which the young people were to perform at the Healing Festival that took place on 24 September at the Arboretum in Paarl. The aim was to record the songs and chanting and make a CD.

The process was planned to take place over a period of seven months and to consist of 10 workshops but in the end 13 workshops were organized.

One focus was on the participants getting to know one another and being introduced to the two phases of the project over the previous two years. We emphasized that for this project too we need to be a team.

We also looked at our own understanding of religion and spirituality. As an outcome of this activity we can say that the participants have an understanding of the difference between spirituality and religion and that you don't need to be religious to be spiritual.

We explored the question of what/who is God and what does God want from us, as well looking at the similarities and differences between religions. The outcome was that they all had different views, some saying that God is the creator of this world and that God wants us to praise him. The question of the GENDER of God was also mentioned and put to the group. The responses included that God is the Holy Spirit and that the Holy Spirit does not have any gender.



We invited a facilitator, Lenore Cairncross, a master in soul-minding meditation, which talks about the song of our inner being. She introduced us to chanting and mantras that could assist us with our own inner spirit and with centring ourselves at moments when we don't feel at ease. We looked at a clip about other religions that use chanting in their everyday lives. The participants really enjoyed this and for some of them it was quite an experience, since they could use this chanting in their daily lives.

The feedback we received the following week was that some parents and teachers were quite concerned that the participants were being converted to religions other than their own. We needed to reassure parents and teachers that the project was not about converting anybody but about looking at the different religions and their many facets. We reached out to some of the parents to explain to them what the project is about. We also invited all parents to join in at any time to see what we were doing. Unfortunately one of the participants had to withdraw because the parents weren't very happy about the project.

We visited the Hare Krishna Centre to enable the group to talk to this community and ask questions. They introduced us to their community program, where they go into the communities and distribute food parcels. In addition, every Sunday they open their doors for communities to share some of their delicacies as well as to take part in their Sunday music session. They shared the principles that they live by, including "to seek to help all of humanity, who not only are hungry in the flesh but also need fulfilment of the spirit".

We also did the reconciliation walk in the city, visiting the synagogue and the Grootse Kerk, and a tour of Bo-Kaap (Malay quarter in Signal Hill), visiting the oldest mosque in the Cape. We looked at the roles religion has played in our history and how certain religions came to the Cape. One thing the participants totally enjoyed was hearing the story of the Minstrels of the Cape and how that came about. One participant said that it was interesting because he never knew that it was connected to slavery and that on the eve of 1 January, people gather in the Bo-Kaap to await the Tweede Nuwe Jaar (2 January), with the songs of Malay choirs and ghoema drums ushering in the dawn of a New Year. Slaves would get a day off on 2 January and were allowed to celebrate in their own manner, which was by songs and dance.

Along with this, young people explored and asked questions also within their own families about song and dance and prayers that are being performed or said either in the mosque or at church and that play an important part in people's daily lives. We asked participants to share any rituals and song that they felt was important for them and many of them brought along songs that they sing at church in preparation for the One World Healing Festival in Paarl.

We had assistance from an intern (Casadie Smith), who helped the participants with voice coaching and choreographing their items. The items they contributed were a combination of songs, prayers, chanting and poetry from Christianity, Hare Krishna, Islam and universally popular songs.

Impact of the project

It gave the young people the opportunity to build their self-confidence and to have confidence when talking in groups. They became used to presenting ideas in larger groups and to asking questions without fearing that they will be judged. They developed critical thinking skills, being able to question situations and ideologies, not only in other faiths and religions but also in their own.

Lessons learned

The experience over these months was very enriching for the participants, enabling them to gain new knowledge, which added to their own insights not only into other religions and faiths but also into other people. It built confidence in these young people and gave them an opportunity to share their own experiences of their own religions and of other religions and faiths. Most importantly, it built friendships amongst young people from different backgrounds and belief systems and they have become sympathetic to what is happening in the world around religion, especially in the Middle East.

Challenges

By June we had fewer than 15 young people. However, another community called Samora Machel joined the Restoring Humanity program and after asking if they would be interested in joining the project, we recruited 10 young people from that community. The challenge was that we had got quite far with the project and it took some time for them to catch up. But since the group was so open to sharing with them, they found it fairly easy to get on board and even to share their own experiences with religions.

OFFICIAL HANDOVER OF NEW SEMINAR AND TRAINING ROOM FUNDED BY GOVERNMENT OF JAPAN, OFFICE OF THE CONSUL OF JAPAN IN CAPE TOWN

At 3 p.m. on 3 July 2017 Mr Yasushi NAITO, Consul of Japan in Cape Town, handed over the expanded workshop and seminar room at a ceremony held at the Institute for Healing of Memories office in Claremont, Cape Town. The expansion is funded by the Government of Japan through its Grant Assistance for Grassroots Human Security Projects (GGP) Program.

The Embassy of Japan highly regards and respects the work of the Institute for Healing of Memories, continuously empowering individuals and communities by applying methods and experience born in South Africa at the TRC and giving healing to victims of violence in current issues including gangsterism, xenophobia and domestic violence.

The Government of Japan decided to support this organization through grant assistance amounting to R955,667. The expanded workshop and seminar room will be used to heal trauma victims from disadvantaged communities of Western Cape Province.

The GGP is intended to assist NGOs and local authorities in addressing development needs in a prompt and comprehensive manner in areas such as social development, education, health, water supply, climate change and a variety of other local needs. The GGP scheme was first introduced in 1989, and prioritizes human security for vulnerable and marginalized people within society. Since 1990, over 601 GGP projects have been implemented in South Africa. In the Japanese Fiscal Year 2016 (April 2016 – March 2017), the Embassy of Japan extended GGP assistance to 11 projects, amounting to approximately R13 million.

FINANCIAL REPORT 2017

It was a challenging year for the organisation and the IHOM team and family financially in 2017. Some of our funders pulled out because they changed their funding priorities from South Africa towards other African countries. We are grateful to all the donors who heard our cries when we sent an appeal for donation in order to be sustainably. Regrettable we have lost some of our staff members and some moved to part time basis.

We are also grateful for the contribution of the Embassy of Japan which enabled us to extend our building. Finally but not least we are also grateful to National Lotteries Commission for the donation they have granted to us which enabled us to pay off mortgage completely.

CONFERENCE AND FESTIVAL

One of our efforts towards self-sustainability was the healing journey festival through music and conference, we are killing two birds with one stone by healing with music and raising funds as well. We are also continuing with the international facilitators training programme yearly and it draws a number of participants. With right costing and popularity it will lead to be income generator. A special thanks to Hargrave Foundation and The Karibu Foundation to fund our international conference. Coyote Foundation who sponsored the ticket for Pearl Means to deliver our annual lecture. None of the above mentioned events and programmes could have taken place were it not for our very loyal

and general funders, partners and friends of IHOM with all the funds, donations given in kind or cash.

The contribution you are making in kind or cash have helped the Institute to do the crucial healing work that is still evidently needed across the country and internationally because pain knows no boundaries.

LIST OF THE INSTITUTE PARTNERS AND DONORS

Arendt Meder	Holy Family Sisters
Brot Fu die Welt	Luxembourg Foreign Ministry
Caritas Luxembourg	Mary Award Association
Charles Kriepps	Missio
Church of Sweden	Mott Foundation
Coyote Foundation	National Lotteries Commission
Dr Payne	SSM – Society for the Sacred Mission
Embassy of Japan	Together with other individual donors who has supported us.
IHOM North America	
Hargrave Foundation	

The Institute for Healing of Memories Trust

(Registration number IT 4386/98)

Annual Financial Statements for the year ended 31 December 2017

GENERAL INFORMATION

Country of incorporation and domicile

South Africa

Type of trust

Inter Vivos

Trustees

Canon DM Mark (Chairperson)
Ms G Wildschut
Fr M Lapley SSM (Director)
Prof P Meiring
Imam AR Omar
Dr CH Thesnaar
Fr M Twum-Darko
Rev SP Xapile

Registered office

5 Eastry Road
Claremont 7708

Business address

5 Eastry Road
Claremont 7708

Postal address

PO Box 36069
Glosderry 7702

Auditor's

Cecil Kilpin & Co.
Chartered Accountants (S.A.)
Registered Auditor

Trust registration number

IT 4386/98

Non-profit organisation number

00-566NPO

Public-benefit organisation number

930004506PBO

The Institute for Healing of Memories Trust

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STATEMENT OF FINANCIAL POSITION AS AT 31 DECEMBER 2017

	Note(s)	2017		2016	
		R	R	R	R
Assets					
Non-Current Assets					
Property, plant and equipment	2	3,122,288		2,127,360	
Current Assets					
Trade and other receivables	3	191,443		183,821	
Other financial assets	4	408,172		2,074,765	
Cash and cash equivalents	5	454,486		95,611	
		1,054,101		2,354,197	
Total Assets		4,176,389		4,481,557	
Equity and Liabilities					
Equity					
Trust capital	6	1,000		1,000	
Accumulated surplus		3,286,493		2,704,372	
		3,287,493		2,705,372	
Liabilities					
Non-Current Liabilities					
Other financial liabilities	7	–		831,925	
Current Liabilities					
Trade and other payables	8	57,581		116,296	
Other financial liabilities	7	–		35,239	
Deferred income	9	813,779		785,041	
Provisions	10	17,536		7,684	
		888,896		944,260	
Total Liabilities		888,896		1,776,185	
Total Equity and Liabilities		4,176,389		4,481,557	

The Institute for Healing of Memories Trust

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Annual Financial Statements for the year ended 31 December 2017

STATEMENT OF COMPREHENSIVE INCOME

	Note(s)	2017		2016	
		R		R	
Revenue	11	6,583,185	6,368,183		
Other income	12	52,936	102,070		
Operating expenses		(6,032,745)	(6,862,196)		
Operating surplus (deficit)		603,376	(391,943)		
Investment revenue	13	73,976	134,512		
Finance costs	14	(95,231)	(96,708)		
Surplus (deficit) for the year		582,121	(354,139)		
Other comprehensive income		-	-		
Total comprehensive income (loss) for the year		582,121	(354,139)		

STATEMENT OF CHANGES IN EQUITY

	Trust capital		Accumulated surplus		Total equity	
	R	R	R	R	R	R
Balance at 01 January 2016	1,000	3,058,511	3,058,511	3,059,511		
Deficit for the year	-	(354,139)	(354,139)	(354,139)		
Other comprehensive income	-	-	-	-		
Total comprehensive deficit for the year	-	(354,139)	(354,139)	(354,139)		
Opening balance as previously reported	1,000	2,843,842	2,843,842	2,844,842		
Adjustments	-	(139,470)	(139,470)	(139,470)		
Balance at 01 January 2017 as restated	1,000	2,704,372	2,704,372	2,705,372		
Surplus for the year	-	582,121	582,121	582,121		
Other comprehensive income	-	-	-	-		
Total comprehensive income for the year	-	582,121	582,121	582,121		
Balance at 31 December 2017	1,000	3,286,493	3,286,493	3,287,493		

Note(s)

6

The Institute for Healing of Memories Trust

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Annual Financial Statements for the year ended 31 December 2017

STATEMENT OF CASH FLOWS

	Note(s)	2017		2016	
		R	R	R	R
Cash flows from operating activities					
Cash generated from operations	17	432,886		432,886	
Interest income		73,976		134,512	
Finance costs		(95,231)		(96,708)	
Net cash from operating activities		561,449		470,690	
Cash flows from investing activities					
Purchase of property, plant and equipment	2	(1,013,285)		(5,261)	
Net movement in financial assets		1,677,875		(2,074,765)	
Net cash from investing activities		664,590		(2,080,026)	
Cash flows from financing activities					
Repayment of other financial liabilities		(867,164)		(28,002)	
Net cash from financing activities		(867,164)		(28,002)	
Total cash movement for the year		358,875		(1,637,338)	
Cash at the beginning of the year		95,611		1,732,949	
Total cash at end of the year	5	454,486		95,611	

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NOTES TO THE ANNUAL FINANCIAL STATEMENTS

2. Property, plant and equipment

	2017			Cost or revaluation R	2016	
	Cost R	Accumulated depreciation R	Carrying value R		Accumulated depreciation R	Carrying value R
Land and buildings	3,103,781	–	3,103,781	2,093,406	–	2,093,406
Furniture and fixtures	50,035	(47,318)	2,717	47,125	(47,124)	1
Office equipment	56,243	(53,269)	2,974	56,243	(50,719)	5,524
IT equipment	207,278	(194,462)	12,816	207,278	(178,849)	28,429
Total	3,417,337	(295,049)	3,122,288	2,404,052	(276,692)	2,127,360

The Institute for Healing of Memories Trust

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Reconciliation of property, plant and equipment – 2017

Buildings

Furniture and fixtures

Office equipment

IT equipment

Reconciliation of property, plant and equipment – 2016

Buildings

Furniture and fixtures

Office equipment

IT equipment

	Opening balance R	Additions R	Depreciation R	Closing balance R
Buildings	2,093,406	1,010,375	–	3,103,781
Furniture and fixtures	1	2,910	(194)	2,717
Office equipment	5,524	–	(2,550)	2,974
IT equipment	28,429	–	(15,613)	12,816
	2,127,360	1,013,285	(18,357)	3,122,288
Buildings	2,093,406	–	–	2,093,406
Furniture and fixtures	1,081	–	(1,080)	1
Office equipment	8,075	–	(2,551)	5,524
IT equipment	38,780	5,261	(15,612)	28,429
	2,141,342	5,261	(19,243)	2,127,360

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Reconciliation of property, plant and equipment – 2016 (continued)

Property, plant and equipment encumbered as security

The following assets have been encumbered as security for the secured long-term borrowings 7:

Erf 52246, Claremont, Cape Town

Details of properties

Erf 52246, Claremont, Cape Town

Terms and conditions

– Purchase price: 05 August 2009

– Additions since purchase or valuation

Opening balance R	Additions R	Depreciation R	Closing balance R
		3,103,781	2,093,406
		1,300,000	1,300,000
		1,803,781	793,406
		3,103,781	2,093,406

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	2017 R	2016 R
3. Trade and other receivables		
Employee costs in advance	96,100	56,000
Prepayments	3,381	–
VAT	48,536	127,821
Other receivables	43,426	–
	191,443	183,821
4. Other financial assets		
At amortised cost		
BOE Investment	408,172	2,074,765
Current assets		
At amortised cost	408,172	2,074,765
5. Cash and cash equivalents		
Cash and cash equivalents consist of:		
Cash on hand	7,750	696
Bank balances	446,736	94,915
	454,486	95,611
6. Trust capital		
Capital account / Trust capital		
Balance at beginning of year	1,000	1,000
7. Other financial liabilities		
At amortised cost		
Mortgage bond	–	867,164
The mortgage bond was secured by land and buildings as described in Note X for the previous year and a portion of current year as the mortgage bond was settled on the 14 December 2017. The bond cancellation is currently still in process.		
Non-current liabilities		
At amortised cost	–	831,925
Current liabilities		
At amortised cost	–	35,239
	–	867,164
8. Trade and other payables		
Other payables 1	(1)	–
Accrued expense	57,582	116,296
	57,581	116,296

The Institute for Healing of Memories Trust

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9. Deferred income

Grants received

2017 R	2016 R
813,779	785,041

2017

Brot Fur die Welt (EED)

Embassy of Japan

Missio

National Lotteries Commission

2016

Brot Fur die Welt (EED)

Missio

Opening balance R	Amount received during current year R	Amounts recognised in revenue R	Total R
645,571	1,103,169	(1,221,047)	527,693
–	975,711	(940,876)	34,835
139,470	223,004	(184,071)	178,403
–	903,500	(830,652)	72,848
785,041	3,205,384	(3,176,646)	813,779
–	2,312,972	(1,667,401)	645,571
–	232,450	(92,980)	139,470
–	2,545,422	(1,760,381)	785,041
		813,779	785,041

Split between non-current and current portions

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10. Provisions

Reconciliation of provisions – 2017

Provisions for employee benefits

Reconciliation of provisions – 2016

Provisions for employee benefits

Opening balance R	Additions R	Reversed during the year R	Total R
7,684	17,536	(7,684)	17,536

Opening balance R	Utilised during the year R	Total R
12,389	(4,705)	7,684

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	2017 R	2016 R
11. Revenue		
Grants and donations	6,447,065	5,921,740
Fundraising dinner	–	187,200
Workshop income	136,120	259,243
	6,583,185	6,368,183
12. Other income		
Conference and international training income	41,654	95,973
Donations for workshops	–	6,097
Profit and loss on sale of assets and liabilities	11,282	–
	52,936	102,071
Conference and international training income		
Conference and international training income received	891,654	–
Less: Workshop costs recovered	(400,000)	–
Less: Travel costs recovered	(400,000)	–
	41,654	–
13. Investment revenue		
Interest revenue		
Bank	21,324	18,338
BOE Investment interest	52,652	116,174
	73,976	134,512
14. Finance costs		
Mortgage bond	88,528	96,708
Other cash and cash equivalents	6,703	–
	95,231	96,708
15. Auditor's remuneration		
Fees	73,200	41,423
16. Employee cost		
The following items are included within employee benefits expense:		
Employee costs		
Basic	2,475,420	2,612,469
UIF	33,533	32,447
SDL	26,911	16,071
Fundraising services	120,000	72,193
Diocese	297,984	224,580
Post-employment benefits – Pension	16,488	15,193

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	2017 R	2016 R
17. Cash generated from operations		
Surplus (deficit) before taxation	582,121	(354,139)
Adjustments for:		
Depreciation and amortisation	18,357	19,243
Surplus on sale of assets	(11,282)	-
Interest received	(73,976)	(134,512)
Finance costs	95,231	96,708
Movements in provisions	9,852	(4,705)
Changes in working capital:		
Trade and other receivables	(7,622)	(91,046)
Trade and other payables	(58,715)	116,296
Deferred income	28,738	785,041
	582,704	432,886

18. Prior period errors

The error relates to the correction in respect of funding received for workshops over future periods. The deferred portion of this funding received was incorrectly included in revenue in the 2016 financial year and not recognised as deferred income. The comparative amounts have been corrected retrospectively.

The effect of the correction of this error on the results of 2016 is as follows:

Statement of Financial Position

Increase in deferred income	-	(139,470)
Decrease in retained earnings	139,470	-
Surplus or Deficit		
Decrease in revenue	-	139,470

19. Comparative figures

Certain comparative figures have been reclassified to more appropriately describe the nature of the assets and expenditure.

The effects of the reclassification are as follows:

Statement of Financial Position

Other financial assets	-	2,074,765
Other assets	-	(2,074,765)
Surplus or Deficit		
Lease rentals on operating lease	-	29,573
Printing and stationary	-	(29,573)

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	2017	2016
	R	R
16. Grant		
Subject to contract		
Brot Fur die Welt	1,221,047	1,667,402
Caritas Luxembourg	76,010	787,700
Church of Sweden	389,804	416,096
Dick and Sally Roberts Coyote Foundation	134,855	-
Embassy of Japan	940,876	-
Luxembourg Foreign Ministry	515,137	605,187
Missio	184,071	92,980
Mott Foundation	670,420	776,865
National Lotteries Commission	830,652	-
Not subject to contract		
Church of Sweden – IHOM/THRP Project	-	57,420
Church of Sweden – Other	-	74,371
Donations	184,133	219,597
Dick and Sally Roberts Coyote Foundation	190,807	-
Donations – Arendt Meder	-	71,655
Donations – District Sihom	-	918
Donations – Jan Henrik Lue	-	326,797
Ev. Lutheran Kirchenkres Hamburg-Ost	-	7,001
Edmonton Canada	83,273	-
HOM North America	353,927	152,304
Hargrave Foundation	250,000	-
Holy Family Sisters	10,000	10,000
Luxembourg Foreign Ministry	117,520	-
Mary Ward Association	2,000	2,000
New Zealand consulate	-	20,118
SIT Cape Town 803	-	2,000
SSM – Society for the Sacred Mission	292,533	262,535
St Georges Cathedral	-	2,500
Sundry donations	-	3,409
Trinity Wall Street USA	-	354,165
World Council of Churches	-	8,720
	6,447,065	5,921,740

The Institute for Healing of Memories Trust

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Annual Financial Statements for the year ended 31 December 2017

DETAILED INCOME STATEMENT

	2017	2016
Note(s)	R	R
Revenue		
Fundraising dinner	–	187,200
Grants and donations	6,447,065	5,921,740
Workshop income	136,120	259,243
11	6,583,165	6,368,183
Other income		
Donations for workshops	–	6,097
Gains on disposal of assets	11,282	–
Other income	41,654	95,973
Interest received	73,976	134,512
12		
13	126,912	236,582
Expenses (Refer to page 22)	(6,032,745)	(6,862,196)
Operating surplus (deficit)	677,352	(257,431)
Finance costs	(95,231)	(96,708)
14	582,121	(354,139)
Surplus (deficit) for the year		

The Institute for Healing of Memories Trust

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DETAILED INCOME STATEMENT

	2017	2016
	R	R
Operating expenses		
Accounting fees	–	85,800
Annual report and publications	43,548	81,532
Auditors remuneration	73,200	41,423
Bank charges	51,132	16,638
Community healing	2,734	–
Computer expenses	29,343	35,441
Conference expenses	334,669	322,546
Consulting and professional fees	–	35,614
Depreciation, amortisation and impairments	18,357	19,243
Email and internet costs	26,499	24,435
Employee costs	2,970,336	2,972,953
General expenses	241,263	–
Exchange program IHOM and THRP	–	65,949
External evaluation	–	151,536
Facilitators Honoria	–	138,430
Festival costs	–	282,870
Fines and penalties	21,393	6,125
Insurance	30,500	27,380
Knowledge hub expenses	10,326	13,576
KZN equipment hire	1,009	–
KZN office expenses	144,591	108,414
KZN other expenses	10,070	–
KZN small assets	–	1,680
KZN workshops	278,618	643,021
Lease rentals on operating lease	29,024	29,573
Magazines, books and periodicals	18,369	64,696
Municipal expenses	25,073	18,508
Postage	12,059	9,504
Printing and stationery	29,719	23,711
Repairs and maintenance	7,801	44,470
Restoring humanity youth workshops	141,130	278,441
Security	27,912	5,556
Staff welfare	31,052	110,431
Subscriptions	–	5,407
Telephone and fax	66,190	54,378
Training	14,655	–
Travel – local	146,211	90,815
Travel – overseas	231,163	189,985
Workshop costs	964,799	862,115
	6,032,745	6,862,196

ORGANISATIONAL STRUCTURE

Patrons:

The Most Revd Desmond Tutu Archbishop Emeritus

Helen Clark Administrator of United Nations Development Programme

Kirsty Sword Gusmão Former First Lady of Timor-Leste

HRH Grand Duchess Maria Theresa of Luxembourg

Board of Trustees:

Canon Delene Mark (Chairperson) CEO Hope Africa

Dr Christo Thesnaar (Secretary) – University lecturer on pastoral care and youth formation, University of Stellenbosch

The Revd Dr Michael Twum-Darko – Head: Academic and Postgraduate Programmes, Graduate Centre for Management, Faculty of Business, Cape Peninsula University of Technology, Cape Town and Assisting Priest in Charge – Church of the Holy Redeemer, Sea Point

Imam Abdul Rashied Omar – Moslem cleric, university lecturer and deputy chairperson of the Inter-Religious Commission on Crime & Violence

The Revd Piet Meiring, Professor of Religion and Missiology, (Retd) University of Pretoria

Glenda Wildschut – Director Transformation Services, University of Cape Town

The Revd Dr Spiwo Xapile – JL Zwane Centre

Fr Michael Lapsley, SSM (Director)

Cape Town Office

Fr Michael Lapsley, SSM – Director

Eleanor Kuhn – Personal Assistant to Director

Ntombomzi Magqazolo – Finance Manager

Francoise Goldie Bartley (Franki) – Finance Assistant

Fatima Swartz – Programme Manager

Liso Madikane – Restoring Humanity Project Assistant

Loret Loumouamou-Mouketou – Western Cape Workshops Organiser

Mandla Klanisi – Community Healing Project Organiser in Delt

Clint Bowers – Organisational Support

Magdalene Moses – Community Healing Project Organiser in Atlantis

Lydia Vuba – Housekeeping

KwaZulu-Natal Office

Alphonse Niyodusenga – Deputy Director and KwaZulu-Natal Regional Manager

Bridget Phillis – Community Healing Project Organiser

Sandile Magutshwa – Restoring Humanity Project Organiser



*Eleanor Kuhn –
Personal Assistant to
Director*



*Ntombomzi Magqazolo
– Finance Manager*



*Lydia Vuba –
Housekeeping*



Institute for the Healing of Memories

5 Eastry Road, Claremont, Cape Town 7708, South Africa

Tel: +27 21 6836231

Fax: +27 21 683 5747

Email: info@healingofmemories.co.za

Website: www.healing-memories.org

Banking Details

Bank: Standard Bank

Branch Name: Mowbray

Address: Main Rd, Mowbray, Cape Town, South Africa

Branch Code: 02-49-09

Name of Account: Institute for Healing of Memories

Type of Account: Market Link

Account Number: 075133164

Swift Code: SBZAJJ
